

How Pets Help Your Health & How You Help Theirs



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Maintain Purr-fect Health

While many of us are aware of the **deadly 'super-bugs'** in hospitals to households around the globe, you may not know that the same problem in which some **strains of common bacteria have evolved to resist antibiotics** has been reaching our pets. With the direct causation of infection uncertain, taking precautionary measures is more important than ever.



While we do our best to provide for our pets, take a moment to consider how often you express gratitude for all the benefits your pet provides to *you*. From kids to seniors, the **benefits of pet ownership and caretaking are extensive...** including supporting against isolation, depression, and loneliness to teaching valuable life lessons like responsibility, respect, and empathy.

As a strong immune system can provide a solid foundation for health, we included some **helpful tips on supporting immunity in pets...** some of which can have two-fold benefits for you!

Stay Safe from the 'Super Bug'

Scary new pets stats on drug-resistant bacteria

While many of us are aware of the **worldwide pandemic of deadly 'super-bugs'** (also known as strains of bacteria that have mutated and become resistant to conventional antibiotics) that have been affecting hospitals to households, **we now have to worry about our pets** having the same fate.

In dogs and cats, **the bacteria are slightly different than the strains that affect people**, which are usually methicillin-resistant *Staphylococcus aureus*, or MRSA. Animals are likely to contract methicillin-resistant *staphylococcus intermedius*, or MRSI, but it's overall causing the same problem in which some **strains of common bacteria have evolved to resist the antibiotics** we normally use to treat it.



The content of this ebook is intended for informational purposes only.

It is not intended to diagnose or treat any medical condition. Nothing in this ebook is intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your veterinarian or other qualified health provider with any questions you may have regarding a medical condition.

Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

Last year, veterinarians at the University of California-Davis Veterinary Teaching Hospital medical center treated 35 animals for the infection. With cases of drug-resistant bacteria increasing in our furry friends, **prevention may be the best medicine.**

Unfortunately, the **source of most MRSA infections in pets is uncertain**, so it is difficult to know for sure how to protect our pets. There isn't always a link between hospitalization or veterinary visits, but **dog parks, boarding kennels or groomers could be risk factors**, if there are contaminated animals or shared items, such as shampoo bottles.

An **infected dog or cat living in the same household** with healthy pets can sometimes pass an infection on to them. In addition, while humans rarely contract MRSA from animals, we can spread MRSA to them.

However, taking **preventative measures like building immunity and performing regular health checks** can help keep your dog or cat safe. Regularly inspect your pet for any changes, as **many skin infections with MRSA or MRSA are initially misdiagnosed** as spider or insect bites.

Consider **natural remedies to support immunity and liver health**. The **liver is the second largest organ in the body** and is often seen as the most important one for its role **in the body's natural ability to fight disease and function optimally**.

Amongst other important functions, the **liver is responsible for eliminating and detoxifying toxins** that enter the bloodstream. Liver functioning is also vital to the **health of the immune system**, which helps ensure that your pet stays healthy.

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Certain herbs have many immune-boosting properties, such as taraxacum officinalis (Dandelion), which is known to contain bitter principles which have a beneficial effect on the liver and digestive system. **Echinacea purpurea** is well known for its excellent benefits for immune functioning. Used as a natural immune system tonic, Echinacea also helps to support the lymphatic system. Regular use can help to keep your pet healthy and support a well functioning immune system. **Withania somnifera** (Ashwagandha), also called 'Indian ginseng', assists with growth, health and vigor. Regular use can help to nourish the blood and support healthy hemoglobin levels. This herb is often recommended as a systemic and restorative tonic. **Sylibum marianus** (Milk Thistle) is regarded as one of the most important herbal liver tonics and restoratives and is frequently recommended to support the health and functioning of the liver.

Like many other ailments and illnesses, **keeping a watchful eye on your pet for physical as well as behavioral changes** can go a long way in maintaining health.

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"This product is truly remarkable and brought back energy and health to our family dog ... After 6 weeks, she is just a different animal thanks to the [LiverAid](#), which we plan on continuing for some time." - T. Holmes

"Give me natural remedies any day! I use them myself and I use them for my pets and I am always happy with the results. You have a very comprehensive product range and your [Energy Tonic](#) capsules were very effective..." - Greg

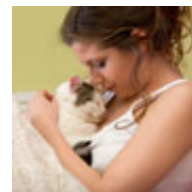


A Pet's Love Knows No Limits

From kids to seniors, pet ownership benefits abound

According to the 2007-2008 National Pet Owners Survey, **63% of U.S. households own a pet**, which equates to 71.1 millions homes. But do you occasionally **take your cuddly companion for granted?** Chances are, work, family, and other obligations interfere with time spent enjoying simple pleasures with your pooch or kitty... but **taking a moment to appreciate their benefits to our lives** is worth doing now and then.

Most pets' demands are quite small, requiring basics like food, shelter, veterinary care, and companionship. Compared to the **immense health benefits they bring to us**—including emotional support, lowered blood pressure and stress levels, and unconditional affection and friendship, it's no wonder we grow attached.



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There's no doubt that **pets live for the moment**, coping with life's ups and downs and then dismissing them. The innocence and trust of a companion pet **help us to be less cynical**. This positive attitude is **particularly important for the elderly**.

According to a study in the *Journal of the American Geriatrics Society*, caring for a dog or cat also serves as a **buffer against isolation, depression, and loneliness in elderly people**.

Children too reap the rewards of pet ownership. According to the Children's Hospital of Philadelphia, **pets are beneficial to our children's emotional development**, as well. Pets give your child important exposure to lessons like reproduction, birth, illness, accidents, death and grief. **Caring for them also helps teach your child** responsibility, respect, empathy and patience while providing a connection to nature.

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Noticing physical changes in your pet are also important and a monthly hands-on examination will go a long way in understanding whether anything serious is developing. Troubled signs include exposed skin, thin or dry coat, ribs showing, lethargy, limp, or simply the absence of "spring" in step. So remember... if you are a pet owner, you don't have to look far to receive boundless health benefits... but just remember to return the favor.

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[ProsPet Drops™](#) - Maintain prostate and urinary health

toxins, and promote systemic health



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So how can we give back to our pets? Besides love and affection, **providing them with proper healthcare** is the best gift we can offer. **Early detection and regular maintenance** can go a long way to building a strong foundation for your pet's health.

Natural remedies can be very effective in helping to support your pet's system in its natural process of elimination and purification, thereby providing a **healthy solution to waste and toxin removal** and promoting optimum general bodily functioning. **Herbal and homeopathic medicine** can also help to maintain all-round systemic functioning and promote health and vigor to pets.

In addition, **one of the most common mistakes that we commit is with regard to feeding our pets**. We usually tend to associate our own dietary habits on our pets without realizing that pets are animals and are structured differently... and a table treat may actually be detrimental to their health.

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"I would just like to give you praise and thanks for a very wonderful product [[Muscle & Joint Support](#)] that does exactly what it claims... We are so amazed and delighted." -Steve

Solomon

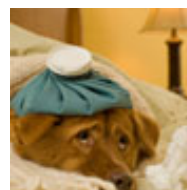
"A combination of [Natural Moves for Pets](#) and a daily walk has completely [helped]... my dog... I only wish that I knew it was so simple, as I would have done this long ago. She is like a young dog again and I must say the walks are doing me good as well!!!!" -Thelma F.

"I have a great faith in your products after using your Web site for people's remedies, and the [Heart and Circulation Tonic](#) has not disappointed... Thank you for all you help and patience!" - Sara R.



Tips to Improve Immunity: Prevention is Better Than a Cure

While your pet may initiate certain behaviors regarding eating habits and exercise, through the evolution of domestication, many of these normal processes fall under the influence of our hands. Therefore, making just a few tweaks in routine may greatly benefit your pet's overall health and well-being.



There is much that can be done to **support a healthy immune system in pets**. Here are a few tips:

- Avoid exposure to toxins and chemicals as much as possible.
- Don't expose your pet to second hand cigarette smoke.
- Give your pet a healthy varied diet – making sure to include lots of raw meat, fresh vegetables and fruit.
- Use natural remedies known to support immune system functioning --Echinacea,

astragalus, goldenseal, elder and garlic have played a significant role in maintaining a healthy immune system.

- Ginseng is most suited for improving liver function, regenerating liver cells and ensuring general immunity against disease.
- As always, lots of exercise - the benefits are multiple both for you and your pet!
- Use [Immunity & Liver Support](#)™ capsules to boost your pet's immune functioning and resistance against disease and infection.
- If going to boarding kennels causes your pet undue stress, consider investigating other options. Stress can weaken your pet's immune system and make him/her more susceptible to infection.
- Talk to a holistic vet before immunizing your pet. Over-vaccination may stress the immune system unnecessarily.
- Acupressure massage is also helpful in improving immune system and liver functioning.
- Should your pet contract an illness, be a considerate pet owner and keep your coughing furry companion away from other pets.



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