



Natural Help for...



Pet Bloating

What is Bloating?

Just like humans can get bloated or 'gassy' after a meal – dogs and cats can get bloated too. [Bloating](#) in humans is far less serious than in animals – as **severe bloating in dogs or cats** can be a life-or-death emergency!

A bloated stomach for an animal could simply occur as a result of [excess gas](#), fluid or foam, or it could be the result of a twisted stomach (volvulus) or blockage of the stomach valve – which usually requires surgery. Most animals **get bloated from too much food**. However the condition referred to as 'bloat' should always be treated by a veterinarian and is very serious.

Symptoms of common bloating

- A slightly swollen belly after eating
- Flatulence and [excess gas](#)
- Belching or wind

When is bloating serious?

If you notice the following symptoms in your pet, you should consult with your vet immediately:

- Severely distended abdomen (usually appearing rapidly)
- Nausea, vomiting, or attempts to vomit (or retching)
- Excessive salivation
- Shortness of breath (as swelling puts increased internal pressure on the lungs)
- Restlessness and discomfort from abdominal pain (often lying down and getting up repeatedly)
- Sudden weakness or collapse or lethargy

Diagnosing Bloating

Most animals look slightly bloated after a meal or drinking lots of water. If however, you notice a **severely distended abdomen** and you suspect serious bloat in your pet – an immediate vet visit is essential.

Your vet will perform a physical **exam and abdominal x rays** may be taken. Your vet may also check for gas in your pet's stomach by inserting a tube through the esophagus or inserting a needle through the abdomen.

Help for Bloating

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The content of this ebook is intended for informational purposes only.

It is not intended to diagnose or treat any medical condition. Nothing in this ebook is intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your veterinarian or other qualified health provider with any questions you may have regarding a medical condition.

Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

If your pet is diagnosed simply with bloat, (if the stomach has not become twisted) the **vet can simply decompress the stomach** with a tube or needle. If, on the other hand, your dog has a twisted stomach (volvulus) they will most likely need to be treated surgically.

If they suspect your pet has bloat, your veterinarian will stabilize your pet and treat him/her for shock by **giving your pet intravenous fluids** and monitoring heart rate, breathing and blood pressure. During surgery, sutures attach the stomach to the body wall to help prevent future recurrences.

Natural Remedies

There are many safe, yet effective natural remedies that can be used prevent **excess gas build up in the digestive system** and abdomen. Glycyrrhiza glabra (licorice) is an excellent tonic for the intestines and entire digestive tract, helping to soothe digestive upset and promote healthy digestion.

Ulmus fulva (slippery elm) can also help **address excess gas** and simple **bloating**. In addition, Althaea officinalis (marshmallow) is a well known remedy for digestive health and very effective in soothing the mucus membranes of the digestive tract.

The best way to protect your pet against bloat is to keep a close eye on them and watch for severe discomfort and stomach distention. If you notice anything about your dog or cat's digestion that seems sudden, strange and unusual, contact your veterinarian immediately.

What Causes Bloating?

Causes of common bloating include:

- Swallowing excess air
- Eating quickly and eating too much food
- Trapped air and gas in the digestive system

Tips related to bloating

- Large breed dogs with broad, deep barrel chests are more likely to develop bloat – if you are the owner of a breed like this, watch carefully for bloat.
- Feed your dog with small, regularly spaced meals
- Presoak food in water for 30 minutes before feeding your dog
- Prevent your animals from drinking large volumes of water at any one time.
- Limiting exercise after meals
- Keep garbage cans closed and put away – eating something that your pet is not used to can also cause gas to accumulate
- Remove your pet's food after a while if it is not finished. Periods of fasting throughout the day are very important for effective digestion and detoxification.
- Ensure your pet is eating a balanced, high quality diet with plenty of raw and unprocessed food (preferably organic). Flatulence problems are often solved by a change in diet.
- Avoid exposure to toxins and chemicals as much as possible including



Michele Carelse, Clinical Psychologist



All of our natural remedies are formulated by our expert team of herbalists, naturopaths and homeopaths, and headed by Michele Carelse.

Michele has had years of experience in the manufacturing and use of natural remedies for both people and pets. In addition, she is a trained Clinical Psychologist and has been incorporating natural remedies into her treatment of patients with depression, anxiety, ADD, ADHD and stress for many years with spectacular results.

- pesticides, herbicides, commercial flea collars, flea powder, insecticides and second-hand cigarette smoke.
- Emotional or physical stress can also have an effect on digestion.

The Natural Approach

While Western medicine has become the norm in many cultures, it is not the only treatment option. Conventional western medicine, often called allopathic medicine, is the system of medicine taught at most medical schools and most pharmaceutical and synthetic medicines are manufactured and marketed according to the principles of allopathic medicine. Allopathic medicine is also sometimes called orthodox medicine.

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that, only a few decades ago, homeopathic, herbal and other natural medicines were commonly available – and freely used even by conventional doctors and veterinarians. While there are often heated debates about which system of medicine is ‘better’ than the other, many responsible doctors and vets (whether they are allopathic or not) recognize that both have a role to play in the treatment program.

Just like humans, domesticated animals like dogs and cats are affected by the health hazards of modern living. Pollution, poor nutrition, stress and unhealthy lifestyles can lead to a variety of illnesses and conditions that are very similar to those experienced by humans. In fact, many, if not most pet health concerns can be addressed by helping your pets to live a healthier lifestyle. While it has its place, conventional medicine for animals and 'modern technology' have failed our pets in many ways.

According to pet expert and author CJ Puotinen, most holistic veterinarians and animal health care professions list annual vaccinations and commercial pet foods as the major contributory cause in the rising rates of chronic illness in pets today. Similarly, Juliette de Bairacli Levy, respected author and renowned animal breeder, points out that contrary to the belief that mass vaccination and antibiotic use will contribute to a decrease in disease, the opposite has in fact proved true. Like their human counterparts, today's pets are becoming more and more vulnerable to chronic disease and ill health. This has led many veterinarians to search for alternatives and to espouse more holistic methods of keeping our pets healthy.

"In the wild, animals instinctively seek out healing herbs to help them when they are ill or undernourished. In fact, Asclepius, the ancient Greek god of medicine, respected dogs very highly for their ability to seek out and eat medicinal herbs in the wild. This ability is shared by other animals, including cats. We are coming to realize that nature often has the answers - but animals have always known this! Natural medicine can help your pet just as it can help you. While there is always a place for conventional veterinary medicine, natural medicine can compliment conventional veterinary care and in many cases do just as well. I have applied the same care and research that have gone into our Native Remedies range for adults and children to the development of pet-friendly, safe and effective natural remedies for animals. As always, all remedies are formulated to the highest therapeutic standards and manufactured under strict pharmaceutical conditions for your peace of mind and the well being of your pets. " Michele Carelse, Clinical Psychologist.

Ask Our Experts a Product Question

If you have a question about one of our products, its usage or dosage, ask Michele and her team of experts about about it [HERE!](#) We will do our best to get you an answer within 24 hours.

Great Health Sites

[Natural Pet Health Blog](#)

[Natural Holistic Health Blog](#)

[PetAlive Natural & Herbal Remedies for Pets](#)

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"When a veterinary surgeon practices the use of homeopathic medicine and is asked why he does so, he may give one of several answers. The simple answer would be that the results are good, an emphatic answer would be that homeopathic treatment has no unpleasant or dangerous side effects, while still achieving successful results.

The [PetAlive Homeopathic range](#) has been formulated with this knowledge and is specifically designed to treat your pet in a holistic and natural manner."

Dr. Glenn Ferguson
M-Tech Homeopathy, Doctor of Chinese Medicine

Related Natural Remedies:

Digestive Support: Herbal digestive tonic supports healthy digestion in pets

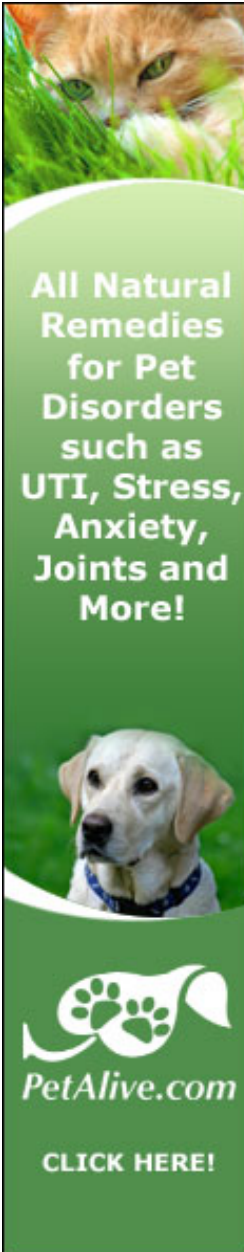
Digestive Support is a 100% herbal remedy specially formulated to **support digestive health and functioning in pets.**

Digestive Support is an excellent digestive system tonic and contains three carefully chosen herbs in therapeutic dosage to **soothe and support the stomach lining, esophagus,** and entire digestive tract.


Presented in easy to administer capsules, Digestive Support can be given whole, or the capsules may be opened and the contents mixed with a favorite treat.

[Learn more about Digestive Support](#)

Read the testimonials for these quality products [here!](#)



All Natural Remedies for Pet Disorders such as UTI, Stress, Anxiety, Joints and More!



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Six Good Reasons to choose PetAlive as your trusted suppliers of herbal & homeopathic remedies:

1) All PetAlive products are manufactured according to the highest pharmaceutical standards - using only the best quality raw ingredients from nature's medicine chest.

2) PetAlive and our suppliers are registered with the FDA as accredited suppliers and manufacturers of health supplements. Our products are sold all over the world and are manufactured to strict international standards in a GMP accredited manufacturing plant.

3) All our remedies are manufactured in an FDA registered pharmaceutical facility under close supervision.

This includes formulation, acquiring and testing of raw ingredients as well as final manufacturing. This gives us the confidence to say that when you are buying a PetAlive product, you are buying the safest and the best! We know what goes into our remedies - which is why we know what you will get out of them!

4) Manufacturing is done strictly according to the principles of GMP (Good Manufacturing Practice) and all raw ingredients undergo stringent testing before being approved by our registered manufacturing pharmacists.

5) We offer a free email [Ask Our Experts](#) service run by trained consultants ready to advise you on the best choice for your pet's health.

6) We offer an unconditional [One Year Money Back Guarantee](#).





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