



Natural Help for...

Pet Car Sickness



What is Car Sickness?

Any motion that a pet is not used to can cause them to feel ill and disorientated. While some animals see a car trip as an exciting journey, for others **it can become a stressful time** of feeling ill and unwell. The first [signs of car sickness](#) are yawning and excessive drooling (sometimes followed by [vomiting](#)).

What Causes Car Sickness?

[Car sickness](#) can be caused by:

- Car motion
- Confinement
- Previous bad experiences in a car
- A first-time ride
- Anticipation of the destination

Help for Car Sickness

Conditioning can go a long way in helping your pet to **overcome car sickness**. Sit with your pet inside a parked car with the engine off, playing with toys and giving your pet praise and positive attention. Let your pet get used to these new surroundings. Initially, just sit in the car with your pet and give him/her lots of praise and love for not showing any symptoms of sickness.

Next, repeat the same thing for the next few days, but this time, run the engine (don't forget the praise!). Next, when the engine is running, try backing out of the driveway and then pulling up to the house again. Continue showing praise. Finally, try going around the block and keep this up until **your pet is able to ride without getting sick**. For severe cases and for long trips, you may want to try motion sickness medication – always consult with your vet.

Natural remedies

There are many herbal and homeopathic remedies that can **safely help treat and prevent car sickness** without harmful side effects for your pet. Zingiber officinalis has a long history of use in relieving the symptoms of nausea, [vomiting](#), indigestion, flatulence and dizziness. Working mainly in the digestive tract, Zingiber boosts digestive fluids and neutralizes acids, making it an effective alternative to conventional anti-nausea medication.

Mentha piperita **relaxes the muscles of the digestive tract** and stimulates the flow of natural digestive juices and bile, while Kalium phosphate provides quick

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Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

relief of a 'nervous stomach'. Aconite and Cocculus are homeopathic remedies that treat illness accompanied by fear, anxiety and panic attacks. Pulsatilla vulgaris helps to calm and soothe animals during bouts of travel sickness. It is particularly useful in animals that are averse to being confined in small areas.

Tips to Prevent Car Sickness

A number of steps can be taken to help [prevent car sickness](#). Here are some helpful tips:

- While traveling with your pet in the car, open a window a crack to get some fresh air.
- It is important that the dog be able to see out of the window so try to arrange a spot in the car that the dog can get up onto and see the road ahead.
- Train your dog to get in and out of the car with a specific command. This will teach him or her not to get into strangers' cars.
- Safety first while on the road. If your dog is jumping around inside your car, put him or her in a crate for a short while. After your pet has settled down, open the crate and offer some freedom so long he or she behaves.

The Natural Approach

While Western medicine has become the norm in many cultures, it is not the only treatment option. Conventional western medicine, often called allopathic medicine, is the system of medicine taught at most medical schools and most pharmaceutical and synthetic medicines are manufactured and marketed according to the principles of allopathic medicine. Allopathic medicine is also sometimes called orthodox medicine.

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that, only a few decades ago, homeopathic, herbal and other natural medicines were commonly available – and freely used even by conventional doctors and veterinarians. While there are often heated debates about which system of medicine is 'better' than the other, many responsible doctors and vets (whether they are allopathic or not) recognize that both have a role to play in the treatment program.

Just like humans, domesticated animals like dogs and cats are affected by the health hazards of modern living. Pollution, poor nutrition, stress and unhealthy lifestyles can lead to a variety of illnesses and conditions that are very similar to those experienced by humans. In fact, many, if not most pet health concerns can be addressed by helping your pets to live a healthier lifestyle. While it has its place, conventional medicine for animals and 'modern technology' have failed our pets in many ways.

According to pet expert and author CJ Puotinen, most holistic veterinarians and animal health care professions list annual vaccinations and commercial pet foods as the major contributory cause in the rising rates of chronic illness in pets today. Similarly, Juliette de Bairacli Levy, respected author and renowned animal breeder, points out that contrary to the belief that mass vaccination and antibiotic use will contribute to a decrease in disease, the opposite has in fact proved true. Like their human counterparts, today's pets are becoming more and more vulnerable to chronic disease and ill health. This has led many veterinarians to search for alternatives and to espouse more holistic methods of keeping our pets



Michele Carelse, Clinical Psychologist



All of our natural remedies are formulated by our expert team of herbalists, naturopaths and homeopaths, and headed by Michele Carelse.

Michele has had years of experience in the manufacturing and use of natural remedies for both people and pets. In addition, she is a trained Clinical Psychologist and has been incorporating natural remedies into her treatment of patients with depression, anxiety, ADD, ADHD and stress for many years with spectacular results.

healthy.

"In the wild, animals instinctively seek out healing herbs to help them when they are ill or undernourished. In fact, Asclepius, the ancient Greek god of medicine, respected dogs very highly for their ability to seek out and eat medicinal herbs in the wild. This ability is shared by other animals, including cats. We are coming to realize that nature often has the answers - but animals have always known this! Natural medicine can help your pet just as it can help you. While there is always a place for conventional veterinary medicine, natural medicine can compliment conventional veterinary care and in many cases do just as well. I have applied the same care and research that have gone into our Native Remedies range for adults and children to the development of pet-friendly, safe and effective natural remedies for animals. As always, all remedies are formulated to the highest therapeutic standards and manufactured under strict pharmaceutical conditions for your peace of mind and the well being of your pets. " Michele Carelse, Clinical Psychologist.

"When a veterinary surgeon practices the use of homeopathic medicine and is asked why he does so, he may give one of several answers. The simple answer would be that the results are good, an emphatic answer would be that homeopathic treatment has no unpleasant or dangerous side effects, while still achieving successful results.

The [PetAlive Homeopathic range](#) has been formulated with this knowledge and is specifically designed to treat your pet in a holistic and natural manner."

Dr. Glenn Ferguson
M-Tech Homeopathy, Doctor of Chinese Medicine

Related Natural Remedies:

[EasyTravel Solution](#): Make pet journeys a pleasant and easy experience for owners and pets

EasyTravel Solution contains a combination of selected herbal and homeopathic ingredients especially chosen to help support **digestive and nervous system comfort** during pet travel. EasyTravel Solution may be used on short car trips or longer journeys by air or train.

Presented in pleasant and fresh-tasting dissolvable granules that are sprinkled on the tongue, EasyTravel Solution is convenient to administer to animals without fuss or fighting, and is safe for both junior and senior pets.

EasyTravel Solution is a gentle yet effective natural remedy, without side effects.

[Learn more about EasyTravel Solution](#)

Read the testimonials for these quality products [here!](#)

Ask Our Experts a Product Question

If you have a question about one of our products, its usage or dosage, ask Michele and her team of experts about about it [HERE!](#) We will do our best to get you an answer within 24 hours.

Great Health Sites

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[Native Remedies - Natural & Herbal Remedies](#)

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remedies:**

1) All PetAlive products are manufactured according to the highest pharmaceutical standards - using only the best quality raw ingredients from nature's medicine chest.

2) PetAlive and our suppliers are registered with the FDA as accredited suppliers and manufacturers of health supplements. Our products are sold all over the world and are manufactured to strict international standards in a GMP accredited manufacturing plant.

3) All our remedies are manufactured in an FDA registered pharmaceutical facility under close supervision.

This includes formulation, acquiring and testing of raw ingredients as well as final manufacturing. This gives us the confidence to say that when you are buying a PetAlive product, you are buying the safest and the best! We know what goes into our remedies - which is why we know what you will get out of them!

4) Manufacturing is done strictly according to the principles of GMP (Good Manufacturing Practice) and all raw ingredients undergo stringent testing before being approved by our registered manufacturing pharmacists.

5) We offer a free email [Ask Our Experts](#) service run by trained consultants ready to advise you on the best choice for your pet's health.

6) We offer an unconditional [One Year Money Back Guarantee](#).





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