



Natural Help for... Excessive Barking



What is Excessive Barking?

Barking is **natural behavior** for a dog. It's one way a dog communicates with people and other animals. Though it may be desirable for a dog to bark in certain situations, for example to warn that a threat is present, **excessive barking** is a sign of a problem and may create a nuisance.

The only way to **reduce excessive barking** is to determine what is causing the dog to bark. Once you know why your dog is **barking**, you will be able to **devise a plan to reduce the barking**. With a little patience and time, most dogs will stop **barking** excessively.

What Causes Excessive Barking?

Dogs that are used to having their owners at home most of the time are **particularly affected when left at home alone** and may suffer from separation anxiety. Separation anxiety sometimes occurs when a dog accustomed to constant human companionship is left alone for the first time, following a long interval, such as a vacation, during which the owner and dog are constantly together or after a traumatic event (from the dog's point of view), such as a period of time spent at a boarding kennel.

If **loneliness is the cause of incessant barking**, giving your dog more attention may solve the problem. It may result from being left alone for long periods of time without opportunities to interact with you, if he has no companions or toys, if he is a puppy or adolescent (under three years old) and doesn't have other outlets for his energy or if he's a particularly active type of dog (like the herding or sporting breeds) who needs to be occupied to be happy.

Territorial **barking** may occur in the presence of "intruders," which could include the postman, children walking to school, **other dogs or neighbors in adjacent yards** or if you have encouraged your dog to be responsive to people and noises outside.

Natural remedies

Natural herbal and homeopathic remedies can be used to address **excessive barking** in a gentle yet effective manner, using selected herbal and homeopathic ingredients known for their **calming properties** as well as their ability to treat hyperactive, delinquent, overactive and highly strung pets.

A combination of certain herbs and homeopathic ingredients such as Scutellaria laterifolia, Hypericum perforatum, Belladonna (30C), Cantharis (30C) and Nux

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Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

vom. (30C) are known for their ability to **promote calm and settled behavior**. Natural remedies can be a safe alternative to prescription medications, and a natural approach will address underlying causes – and not just the symptoms.

Tips to stop excessive barking

A multi pronged approach is necessary to alleviate this problem as [barking](#) can be one of the most difficult canine behaviors to modify but there are many steps that can be taken to [minimize barking](#).

- Dogs that are left alone outside for long periods of time can discover that [excessive barking](#) can be a great way to get their owners attention and even an angry owner is better than being isolated outside. Bring the dog inside, but do not scold him for [barking](#).
- Ensure that your dog has enough exercise and stimulation – provide interesting toys and take him for a walk every day so that he can sniff and “read the doggy news”.
- Do not reinforce anxiety induced [barking](#) or whining by comforting the dog or talking to them in a soothing voice. Talk, pet or play with them only after they have been quiet for at least two seconds.
- Socialize your dog to new experiences. Take him to different places and praise him for appropriate behavior. Expose him gradually to the sights and sounds that may trigger barking. Reward quiet relaxed behavior.

The Natural Approach

While Western medicine has become the norm in many cultures, it is not the only treatment option. Conventional western medicine, often called allopathic medicine, is the system of medicine taught at most medical schools and most pharmaceutical and synthetic medicines are manufactured and marketed according to the principles of allopathic medicine. Allopathic medicine is also sometimes called orthodox medicine.

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that, only a few decades ago, homeopathic, herbal and other natural medicines were commonly available – and freely used even by conventional doctors and veterinarians. While there are often heated debates about which system of medicine is ‘better’ than the other, many responsible doctors and vets (whether they are allopathic or not) recognize that both have a role to play in the treatment program.

Just like humans, domesticated animals like dogs and cats are affected by the health hazards of modern living. Pollution, poor nutrition, stress and unhealthy lifestyles can lead to a variety of illnesses and conditions that are very similar to those experienced by humans. In fact, many, if not most pet health concerns can be addressed by helping your pets to live a healthier lifestyle. While it has its place, conventional medicine for animals and 'modern technology' have failed our pets in many ways.

According to pet expert and author CJ Puotinen, most holistic veterinarians and animal health care professions list annual vaccinations and commercial pet foods as the major contributory cause in the rising rates of chronic illness in pets today. Similarly, Juliette de Bairacli Levy, respected author and renowned animal



Michele Carelse, Clinical Psychologist



All of our natural remedies are formulated by our expert team of herbalists, naturopaths and homeopaths, and headed by Michele Carelse.

Michele has had years of experience in the manufacturing and use of natural remedies for both people and pets. In addition, she is a trained Clinical Psychologist and has been incorporating natural remedies into her treatment of patients with depression, anxiety, ADD, ADHD and stress for many years with spectacular results.

breeder, points out that contrary to the belief that mass vaccination and antibiotic use will contribute to a decrease in disease, the opposite has in fact proved true. Like their human counterparts, today's pets are becoming more and more vulnerable to chronic disease and ill health. This has led many veterinarians to search for alternatives and to espouse more holistic methods of keeping our pets healthy.

"In the wild, animals instinctively seek out healing herbs to help them when they are ill or undernourished. In fact, Asclepius, the ancient Greek god of medicine, respected dogs very highly for their ability to seek out and eat medicinal herbs in the wild. This ability is shared by other animals, including cats. We are coming to realize that nature often has the answers - but animals have always known this! Natural medicine can help your pet just as it can help you. While there is always a place for conventional veterinary medicine, natural medicine can compliment conventional veterinary care and in many cases do just as well. I have applied the same care and research that have gone into our Native Remedies range for adults and children to the development of pet-friendly, safe and effective natural remedies for animals. As always, all remedies are formulated to the highest therapeutic standards and manufactured under strict pharmaceutical conditions for your peace of mind and the well being of your pets. " Michele Carelse, Clinical Psychologist.

"When a veterinary surgeon practices the use of homeopathic medicine and is asked why he does so, he may give one of several answers. The simple answer would be that the results are good, an emphatic answer would be that homeopathic treatment has no unpleasant or dangerous side effects, while still achieving successful results.

The [PetAlive Homeopathic range](#) has been formulated with this knowledge and is specifically designed to treat your pet in a holistic and natural manner."

Dr. Glenn Ferguson
M-Tech Homeopathy, Doctor of Chinese Medicine

Related Natural Remedies:

[Aggression Formula](#): Discourage routine restlessness and promote soothed behavior in dogs and cats

Aggression Formula contains a unique combination of specially selected natural ingredients well known for their ability to **support peaceful attitudes**. These ingredients are supportive for both dogs and cats.

Especially aimed at pets that tend to vocalize and physically vent their frustrations, PetAlive Aggression Formula helps to **soothe socially inept and easily agitated pets**, thereby contributing to socialization efforts and helping your pet to **relax and enjoy the company** of other people and animals.

Aggression Formula **can be used regularly** for the highly-strung animal **or as needed for occasional episodes**.

[Learn more about Aggression Formula](#)

Read the testimonials for these quality products [here!](#)

Ask Our Experts a Product Question

If you have a question about one of our products, its usage or dosage, ask Michele and her team of experts about about it [HERE!](#) We will do our best to get you an answer within 24 hours.

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2) PetAlive and our suppliers are registered with the FDA as accredited suppliers and manufacturers of health supplements. Our products are sold all over the world and are manufactured to strict international standards in a GMP accredited manufacturing plant.

3) All our remedies are manufactured in an FDA registered pharmaceutical facility under close supervision.

This includes formulation, acquiring and testing of raw ingredients as well as final manufacturing. This gives us the confidence to say that when you are buying a PetAlive product, you are buying the safest and the best! We know what goes into our remedies - which is why we know what you will get out of them!

4) Manufacturing is done strictly according to the principles of GMP (Good Manufacturing Practice) and all raw ingredients undergo stringent testing before being approved by our registered manufacturing pharmacists.

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