



Natural Help for...



Pet Excitability

What is Excitability?

Many pets suffer from over-excitabile behavior which has increasingly becoming a growing concern for pet owners. Pets that are excitable are often **difficult to control, disobedient, display unruly behavior** and do not respond to your commands. For instance your dog may bark and whine continually or destroy your household for attention, jump on people, and simply be unable to relax.

Very often, pet owners may punish their pets by shouting or hitting them but this only compounds the problem. If you are going to punish your pet, it has to be done immediately and humanely because **harsh punishments may be associated with other unwanted behaviors** such as anxiety, aggression or submissive urination.

In order to correct over-excitability, pets need to receive sufficient exercise to channel their energy, and be **stimulated through obedience training**. Encouraging your pet to become calm and relaxed should be reinforced from as early as a puppy to avoid bad behavior patterns.

It is also very important to remain calm, controlled and patient around your pet so that he can gradually feed off your positive energy. **Reward him with affection** and attention through playtime, a pat, praise or a treat for calm behavior and ignore rowdy, demanding and excitable behavior.

What Causes Excitability?

This type of behavior is usually an underlying symptom of lack of socialization at an **early age, lack of adequate training**, stress, people, an anxious or nervous disposition, other pets and animals, loud noises, sudden movements or isolation.

Help for Excitability

If your pet shows signs of excessive excitability, and exercise and positive reinforcement training techniques are not helping, the **animal may be suffering from an underlying disease** such as hyperthyroidism. Your vet may also prescribe anti-anxiety medications to reduce excitability and calm the pet.

However, it is highly recommended that you firstly have your pet socialized from a young age, exercise him daily together with obedience training and positive reinforcement

Natural remedies



The content of this ebook is intended for informational purposes only.

It is not intended to diagnose or treat any medical condition. Nothing in this ebook is intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your veterinarian or other qualified health provider with any questions you may have regarding a medical condition.

Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

Natural treatments such as herbal and homeopathic remedies are gaining in popularity with not only humans but also their pets. Herbal and homeopathic remedies have proven to be highly effective in **calming and relaxing excitable animals** without the unwanted side effects of conventional prescription medications.

Carefully selected herbs such as *Scutellaria laterifolia* (Scullcap) and *Passiflora incarnata* contain excellent soothing properties to support the nervous system. Homeopathic ingredients such as *Kalium phosphate* and *Argentum nitricum* have therapeutic benefits to **maintain balance and harmony** within the nervous system.

There are number things that you can do to prevent and control excitable behavior in pets and these include:

- Socialize your pet from an early age by taking him to puppy socialization classes and many places or varied situations and as a result he will learn to become calm, confident and relaxed
- Exercise your pet every day to work off excess energy
- Always reward calm behavior by giving your pet a treat or praising him with a pat, “Good boy!” after a long walk or drive in the car
- Expose your pet to excitable situations so that he can adapt and familiarize with new people and places
- Ensure that you provide your pet with enough mental stimulation to ward off boredom. Teach your dog tricks, play fetch with him, hide treats around the house and let him search for them, occupy him with chew toys or change your route when you take him for walks
- Take your pet for obedience training where he can will learn commands such as sit, down, wait, relax, come or off
- Avoid reinforcing excitable or attention-seeking behavior such as barking to come inside. Instead ignore this type of behavior and then reward him with a treat when he has calmed down
- Never hit or shout at a pet as this will only make them more excited and at the same cause them to panic
- Punish or reward your pet within 15 seconds of good or bad behavior. If you are going to punish your pet after 15 seconds of bad behavior, your pet may be unsure of what you mean

The Natural Approach

While Western medicine has become the norm in many cultures, it is not the only treatment option. Conventional western medicine, often called allopathic medicine, is the system of medicine taught at most medical schools and most pharmaceutical and synthetic medicines are manufactured and marketed according to the principles of allopathic medicine. Allopathic medicine is also sometimes called orthodox medicine.

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that, only a few decades ago, homeopathic, herbal and other natural medicines were commonly available – and freely used even by conventional doctors and veterinarians. While there are often heated debates about which system of medicine is ‘better’ than the other, many responsible doctors and vets (whether they are allopathic or not) recognize that



Michele Carelse, Clinical Psychologist



All of our natural remedies are formulated by our expert team of herbalists, naturopaths and homeopaths, and headed by Michele Carelse.

Michele has had years of experience in the manufacturing and use of natural remedies for both people and pets. In addition, she is a trained Clinical Psychologist and has been incorporating natural remedies into her treatment of patients with depression, anxiety, ADD, ADHD and stress for many years with spectacular results.

both have a role to play in the treatment program.

Just like humans, domesticated animals like dogs and cats are affected by the health hazards of modern living. Pollution, poor nutrition, stress and unhealthy lifestyles can lead to a variety of illnesses and conditions that are very similar to those experienced by humans. In fact, many, if not most pet health concerns can be addressed by helping your pets to live a healthier lifestyle. While it has its place, conventional medicine for animals and 'modern technology' have failed our pets in many ways.

According to pet expert and author CJ Puotinen, most holistic veterinarians and animal health care professions list annual vaccinations and commercial pet foods as the major contributory cause in the rising rates of chronic illness in pets today. Similarly, Juliette de Bairacli Levy, respected author and renowned animal breeder, points out that contrary to the belief that mass vaccination and antibiotic use will contribute to a decrease in disease, the opposite has in fact proved true. Like their human counterparts, today's pets are becoming more and more vulnerable to chronic disease and ill health. This has led many veterinarians to search for alternatives and to espouse more holistic methods of keeping our pets healthy.

"In the wild, animals instinctively seek out healing herbs to help them when they are ill or undernourished. In fact, Asclepius, the ancient Greek god of medicine, respected dogs very highly for their ability to seek out and eat medicinal herbs in the wild. This ability is shared by other animals, including cats. We are coming to realize that nature often has the answers - but animals have always known this! Natural medicine can help your pet just as it can help you. While there is always a place for conventional veterinary medicine, natural medicine can compliment conventional veterinary care and in many cases do just as well. I have applied the same care and research that have gone into our Native Remedies range for adults and children to the development of pet-friendly, safe and effective natural remedies for animals. As always, all remedies are formulated to the highest therapeutic standards and manufactured under strict pharmaceutical conditions for your peace of mind and the well being of your pets. " Michele Carelse, Clinical Psychologist.

"When a veterinary surgeon practices the use of homeopathic medicine and is asked why he does so, he may give one of several answers. The simple answer would be that the results are good, an emphatic answer would be that homeopathic treatment has no unpleasant or dangerous side effects, while still achieving successful results.

The [PetAlive Homeopathic range](#) has been formulated with this knowledge and is specifically designed to treat your pet in a holistic and natural manner."

Dr. Glenn Ferguson
M-Tech Homeopathy, Doctor of Chinese Medicine

Related Natural Remedies:

[PetCalm](#): Effective tonic for pet nervous system and harmony

PetCalm contains a special blend of natural herbal ingredients known for their **soothing effect and tonic effect on the nervous system.**

Ask Our Experts a Product Question

If you have a question about one of our products, its usage or dosage, ask Michele and her team of experts about about it [HERE!](#) We will do our best to get you an answer within 24 hours.

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[Natural Holistic Health Blog](#)

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[Native Remedies - Natural & Herbal Remedies](#)

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PetCalm is a natural remedy with no risk of side effects or addiction and can be **safely used by animals of all ages and sizes.**

PetCalm may be used regularly for longterm support or as needed for occasional help – depending on your pet’s disposition and needs.

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All Natural Remedies for Pet Disorders such as UTI, Stress, Anxiety, Joints and More!



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Six Good Reasons to choose PetAlive as your trusted suppliers of herbal & homeopathic remedies:

1) All PetAlive products are manufactured according to the highest pharmaceutical standards - using only the best quality raw ingredients from nature's medicine chest.

2) PetAlive and our suppliers are registered with the FDA as accredited suppliers and manufacturers of health supplements. Our products are sold all over the world and are manufactured to strict international standards in a GMP accredited manufacturing plant.

3) All our remedies are manufactured in an FDA registered pharmaceutical facility under close supervision.

This includes formulation, acquiring and testing of raw ingredients as well as final manufacturing. This gives us the confidence to say that when you are buying a PetAlive product, you are buying the safest and the best! We know what goes into our remedies - which is why we know what you will get out of them!

4) Manufacturing is done strictly according to the principles of GMP (Good Manufacturing Practice) and all raw ingredients undergo stringent testing before being approved by our registered manufacturing pharmacists.

5) We offer a free email [Ask Our Experts](#) service run by trained consultants ready to advise you on the best choice for your pet's health.

6) We offer an unconditional [One Year Money Back Guarantee](#).





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