



# Natural Help for...

# Pet Food Allergies



## What are Food Allergies?

Food allergies can affect both dogs and cats. While most food **allergies are present from birth**, animals may develop an allergic reaction from intolerance to a particular food or food group at any stage of their lives.

## What Causes Food Allergies?

The main culprits of food allergies are dairy (lactose) wheat and sugar, which is why most animals fed **unhealthy human treats** are likely to develop food allergies.

An animal that is allergic to certain foods may develop certain symptoms brought about by the allergy. These include various skin problems – **itching may lead to a rash, eczema, dandruff**, and ultimately a dull coat and even hair loss. An animal with a food allergy will almost certainly be prone to digestive upsets such as bloating, vomiting, diarrhea and constipation.

## Diagnosing Food Allergies

Diagnosis is determined by a physical check up by your vet, and an inspection of your **animal's specific skin problems**. Treatment usually involves topical creams and antihistamines; however these may also have the potential for side effects.

## Help for Food Allergies

### Natural Remedies

There are many herbal and homeopathic remedies that use proven ingredients shown to have a soothing effect on irritated skin, while others can help to **soothe a disturbed digestive system**. Glycyrrhiza glabra is an excellent tonic for entire digestive tract. Althaea officinalis is very effective in soothing the mucus membranes of the digestive tract.

If skin problems result from an allergy to a particular food, a pet's skin may become irritated. Matricaria recutita is used as a gentle cleansing and **soothing herb for skin discomfort**, helping to soothe inflamed itchy skin. Calendula officinalis can also be used to help restore skin health and lessen rashes.

## Tips related to food allergies

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It is not intended to diagnose or treat any medical condition. Nothing in this ebook is intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your veterinarian or other qualified health provider with any questions you may have regarding a medical condition.

Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

- Monitor your pet's diet and if you notice any changes in their bowel movements or stools, speak to your vet about the possibility that a food allergy may be present.
- Do not change diet suddenly, but slowly introduce fresh, raw and unprocessed food into your pet's daily diet, while reducing commercial foods and foods with little nutritious value.
- Keep diet varied and interesting, but watch out for foods that may cause an allergy.
- A tablespoon or two of olive oil added to the food a few times a week can help improve skin and coat health.
- If you suspect that a dietary intolerance may be the underlying cause of your pet's lackluster coat and flaking skin, start by providing your pet with a natural, unprocessed diet. Try and feed a diet that approximates that which your pet would eat in the wild.



## The Natural Approach

While Western medicine has become the norm in many cultures, it is not the only treatment option. Conventional western medicine, often called allopathic medicine, is the system of medicine taught at most medical schools and most pharmaceutical and synthetic medicines are manufactured and marketed according to the principles of allopathic medicine. Allopathic medicine is also sometimes called orthodox medicine.

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that, only a few decades ago, homeopathic, herbal and other natural medicines were commonly available – and freely used even by conventional doctors and veterinarians. While there are often heated debates about which system of medicine is 'better' than the other, many responsible doctors and vets (whether they are allopathic or not) recognize that both have a role to play in the treatment program.

Just like humans, domesticated animals like dogs and cats are affected by the health hazards of modern living. Pollution, poor nutrition, stress and unhealthy lifestyles can lead to a variety of illnesses and conditions that are very similar to those experienced by humans. In fact, many, if not most pet health concerns can be addressed by helping your pets to live a healthier lifestyle. While it has its place, conventional medicine for animals and 'modern technology' have failed our pets in many ways.

According to pet expert and author CJ Puotinen, most holistic veterinarians and animal health care professions list annual vaccinations and commercial pet foods as the major contributory cause in the rising rates of chronic illness in pets today. Similarly, Juliette de Bairacli Levy, respected author and renowned animal breeder, points out that contrary to the belief that mass vaccination and antibiotic use will contribute to a decrease in disease, the opposite has in fact proved true. Like their human counterparts, today's pets are becoming more and more vulnerable to chronic disease and ill health. This has led many veterinarians to search for alternatives and to espouse more holistic methods of keeping our pets healthy.

"In the wild, animals instinctively seek out healing herbs to help them when they are ill or undernourished. In fact, Asclepius, the ancient Greek god of medicine, respected dogs very highly for their ability to seek out and eat medicinal herbs in

### Michele Carelse, Clinical Psychologist



All of our natural remedies are formulated by our expert team of herbalists, naturopaths and homeopaths, and headed by Michele Carelse.

Michele has had years of experience in the manufacturing and use of natural remedies for both people and pets. In addition, she is a trained Clinical Psychologist and has been incorporating natural remedies into her treatment of patients with depression, anxiety, ADD, ADHD and stress for many years with spectacular results.

the wild. This ability is shared by other animals, including cats. We are coming to realize that nature often has the answers - but animals have always known this! Natural medicine can help your pet just as it can help you. While there is always a place for conventional veterinary medicine, natural medicine can compliment conventional veterinary care and in many cases do just as well. I have applied the same care and research that have gone into our Native Remedies range for adults and children to the development of pet-friendly, safe and effective natural remedies for animals. As always, all remedies are formulated to the highest therapeutic standards and manufactured under strict pharmaceutical conditions for your peace of mind and the well being of your pets. " Michele Carelse, Clinical Psychologist.

"When a veterinary surgeon practices the use of homeopathic medicine and is asked why he does so, he may give one of several answers. The simple answer would be that the results are good, an emphatic answer would be that homeopathic treatment has no unpleasant or dangerous side effects, while still achieving successful results.

The [PetAlive Homeopathic range](#) has been formulated with this knowledge and is specifically designed to treat your pet in a holistic and natural manner."

Dr. Glenn Ferguson  
M-Tech Homeopathy, Doctor of Chinese Medicine

## **Related Natural Remedies:**

**Digestive Support:** Herbal digestive tonic supports healthy digestion in pets

Digestive Support is a 100% herbal remedy specially formulated to **support digestive health and functioning in pets.**

Digestive Support is an excellent digestive system tonic and contains three carefully chosen herbs in therapeutic dosage to **soothe and support the stomach lining, esophagus,** and entire digestive tract.

Presented in easy to administer capsules, Digestive Support can be given whole, or the capsules may be opened and the contents mixed with a favorite treat.

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## **Ask Our Experts a Product Question**

If you have a question about one of our products, its usage or dosage, ask Michele and her team of experts about about it [HERE!](#) We will do our best to get you an answer within 24 hours.

## **Great Health Sites**

[Natural Pet Health Blog](#)

[Natural Holistic Health Blog](#)

[PetAlive Natural & Herbal Remedies for Pets](#)

[Native Remedies - Natural & Herbal Remedies](#)

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for Pet  
Disorders  
such as  
UTI, Stress,  
Anxiety,  
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More!



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remedies:**

1) All PetAlive products are manufactured according to the highest pharmaceutical standards - using only the best quality raw ingredients from nature's medicine chest.

2) PetAlive and our suppliers are registered with the FDA as accredited suppliers and manufacturers of health supplements. Our products are sold all over the world and are manufactured to strict international standards in a GMP accredited manufacturing plant.

3) All our remedies are manufactured in an FDA registered pharmaceutical facility under close supervision.

This includes formulation, acquiring and testing of raw ingredients as well as final manufacturing. This gives us the confidence to say that when you are buying a PetAlive product, you are buying the safest and the best! We know what goes into our remedies - which is why we know what you will get out of them!

4) Manufacturing is done strictly according to the principles of GMP (Good Manufacturing Practice) and all raw ingredients undergo stringent testing before being approved by our registered manufacturing pharmacists.

5) We offer a free email [Ask Our Experts](#) service run by trained consultants ready to advise you on the best choice for your pet's health.

6) We offer an unconditional [One Year Money Back Guarantee](#).





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