

Natural Help 4...

Genital Development Disorders



What is Male Genital Development?

During [puberty](#), a male's sexual organs develop into mechanisms and structures capable of reproduction. **Development of the male external genitalia**-- the penis, testes and scrotum-- depends upon dihydrotestosterone, which is produced by the testes.

Puberty is initiated by hormone signals from the brain to the gonads - which in men are the testes. In response, the **gonads produce a variety of hormones** that stimulate the growth, function, or transformation of brain, bones, muscle, skin, and reproductive organs.

In boys, **testicular enlargement is the first physical manifestation of puberty**. Testicular size continues to increase throughout [puberty](#), reaching maximum adult size about 6 years later.

The **testes have two primary functions**: to produce hormones and to produce sperm. The Cells of Leydig produce [testosterone](#), which in turn produces most of the changes of male sexual maturation and maintains libido or sex drive. Most of the increasing bulk of testicular tissue is spermatogenic tissue to produce sperm and support fertility in males.

Within months after the growth of the testes begins, rising **testosterone levels** promote growth of the penis and scrotum. The penis continues to grow until about 18 years of age, reaching an average stretched adult size of about 13 cm.

Although erections and orgasm occur in prepubescent boys, they become much more common **during puberty**, accompanied by a markedly increased libido. Ejaculation becomes possible early in [puberty](#). Prior to this, boys may experience dry orgasms. Emission of seminal fluid may occur due to masturbation or spontaneously during sleep.

Diagnosing Male Genital Development

Less serious **disorders of the male genitals** can be caused by poor hygiene and bad health practices. Smoking, for instance, exposes the body to many cancer-causing chemicals that affect more than just the lungs.

Oily secretions from the skin can accumulate under the foreskin of the penis. The result is a thick, bad-smelling substance called smegma. If the penis is not cleaned thoroughly, the presence of smegma can cause **irritation and inflammation**.

More serious male genital conditions can include:

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Never disregard professional medical advice or delay in seeking it because of something you have read in this eBook or on ANY web site.

- Genital warts
- Un-descended testes
- Herpes
- Erectile dysfunction - inability to achieve or maintain an erection
- Priapism - a painful erection that does not go away
- Peyronie's disease - bending of the penis during an erection due to a hard lump called a plaque
- Balanitis - inflammation of the skin covering the head of the penis, most often in men and boys who have not been circumcised
- Phimosis - a condition in which the foreskin of the penis is so tight that it cannot be pulled back (retracted) to reveal the head of the penis.
- Penile cancer - a rare form of cancer, highly curable when caught early

What Causes Male Genital Development?

Both genetic and hormonal factors contribute to **male genital development**. If the fetus is genetically predisposed or if hormonal production from the testes is compromised during gestation (or during [puberty](#)) **genital development disorders** can occur.

Help for Male Genital Development

There is a lot that can be done **naturally to support male [sexual development](#)** and healthy male sexual genitals. A healthy diet (preferably from childhood through adolescence), adequate exercise and sleep all contribute to the **necessary hormone production** from the brain to trigger [puberty](#) and adequate male genital development and libido.

In addition, **natural herbal and homeopathic remedies** can be used to promote [male virility](#) and facilitate the natural mechanisms needed to support male sexual health, adequate libido and [fertility](#).

Also, certain herbs such as Epimedium grandiflorum and Tribulus terrestris are known for their ability to **promote sperm production and assist with sperm motility**. Erectile dysfunction, [low libido](#) and [lack of sex](#) can all be addressed by natural ingredients such as Eleutherococcus senticosus and Turnaria aphrodisiaca, with Lirosmia ovata being a natural [aphrodisiac](#)!

Natural remedies can be a safe alternative to prescription medications, and a natural alternative to support male development, just as nature intended!

The Natural Approach

While Western medicine has become the norm in many cultures, it is **not the only treatment option**. Conventional Western medicine (often called allopathic or orthodox medicine) is the system of medicine taught at most medical schools, and many pharmaceutical and synthetic medicines are manufactured and marketed according to the principles of allopathic medicine.



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Michele Carelse, Clinical Psychologist



All of our natural remedies are formulated by our expert team of herbalists, naturopaths and homeopaths, and headed by Michele Carelse.

Michele has had years of experience in the manufacturing and use of natural remedies. In addition, she is a trained Clinical Psychologist and has been incorporating natural remedies into her treatment of patients with depression, anxiety, ADD, ADHD and stress for many years with spectacular results.

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that only a few decades ago, homeopathic, herbal and other natural medicines were commonly available and freely used-- even by conventional doctors. While there are often heated debates about which system of medicine is 'better' than the other, many responsible doctors (whether they are allopathic or not) recognize that **both natural and conventional remedies have a role to play in the treatment program.**

Natural medicine has often been frowned upon by conventional doctors, especially by those who do not have sufficient knowledge of these medicines. However, it is encouraging to note that some medical schools are now beginning to re-introduce it into their course work, thereby **providing doctors with a wider range of treatment options** from which to choose. In many countries, especially in Europe, India and China, **natural and homeopathic medicines are commonly prescribed** by conventional doctors and represent a significant part of the total annual drug sales.

Naturopathy is a branch of medicine (just as allopathy is a branch of medicine) which operates according to the underlying philosophy that the **body has an innate capacity to heal itself.** While natural medicines are often called 'alternative' or 'complimentary' medicines, they are, in fact, a **unique and independent form of medicine** in their own right, well able to **treat a variety of conditions.** Perhaps the term 'holistic' medicine is more apt, given the broad range of treatment options and approaches which are to be found within the practice of natural medicine. This encompasses many different disciplines, including herbalism, homeopathy, iridology, osteopathy, chiropractic, therapeutic massage techniques, aromatherapy, acupuncture and many, many more.

Most naturopaths will use a variety of treatment modalities in order to treat their patients in a **holistic way to support health, relieve symptoms and prevent future disease.** In fact, even the World Health Organization defines health as being "... more than simply the absence of illness. It is the active state of physical, emotional, mental and social well-being." This is a wonderfully clear description of holistic or natural medicine, which strives to **support health** (thereby relieving or preventing symptoms), rather than simply eliminating disease.

Although allopathic medicine certainly has a role to play and has made a tremendous contribution to medical science during the past century, there is a growing perception that it is not the only answer. In many cases, **holistic medicine can accomplish just as much,** if not more – without the risk of side effects, addiction and sacrifice to health so commonly associated with pharmaceutical drugs. Contrary to common perception, and provided that they are manufactured in the correct way, **natural medicines can work quickly and safely to promote healing.**

In many cases, they can **succeed where pharmaceutical drugs have failed.** Despite frequent reports that they are 'unproven' and 'untested', the opposite is true. Natural medicines have a **long history of usage** and there is a **wealth of empirical evidence** to support their effectiveness and safety. In addition, active clinical research is carried out by many academic hospitals and universities to **support the extensive traditional and empirical evidence behind natural medicines.**

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It is also important to know that, like any medicine, herbal and homeopathic medicines **must be manufactured in the correct way**, following acceptable procedures and manufacturing methods to ensure maximum effectiveness and safety. Due to the recent rise in popularity of natural remedies, many companies have sprung up to take advantage of the market. Unfortunately, **not all of them are equipped to manufacture to the correct standards**, often resulting in a flood of inferior (and sometimes even unsafe) remedies onto the market – and giving natural remedies a bad name.

Even some pharmaceutical companies have rushed to claim their market share by producing so-called ‘standardized’ extracts of herbs and offering these as superior to the tried and tested methods of naturopathic manufacturing. Nothing could be further from the truth. While ‘**standardized**’ extracts may offer benefit of easy consistency of dosage (and cheaper more efficient production lines), they have **grave disadvantages**, including an increase in side effects, as the medicines produced in this manner lose the natural protective properties of the herbs. In some cases, these side effects have proved fatal – as was seen in the liver toxicity associated with standardized extracts of kava kava, a herb previously safely used for generations without any known side effects.

Most naturopaths recommend what is called the Full Spectrum Method of extraction – which **retains the benefits of ALL the active ingredients within the herb** as opposed to isolating only one – thereby providing a more complete treatment as well as superior protection against side effects.

Whatever your choice, **always choose wisely**. Research what is best for you. If you have a chronic or life-threatening condition, don’t make changes without first discussing them with your doctor, in order that your condition may be monitored. **Well-informed and supportive practitioners will support patients** who want to take responsibility for their own health.

Related Natural Remedies:

Ikawe for Men™ : Promotes normal male sexual functioning.

Ikawe - the Xhosa (a language native to South Africa) word for ‘warrior’ - is a 100% safe, non-addictive natural herbal remedy. Ikawe has been used for many years to safely **maintain health and systemic balance in the male reproductive system**.

Ikawe for Men contains a selection of herbs from around the world and which are traditionally **identified as having aphrodisiac properties**. They are 100% safe and non-addictive, and are known for their supportive function in maintaining sexual health and well-being.

Ikawe for Men helps maintain healthy functioning of the male reproductive system, balanced **flow of blood to the penis and testes**. Ikawe can make all the difference, without compromising health or risking serious side effects.

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3) All our remedies are manufactured in an FDA registered pharmaceutical facility under close supervision.

This includes formulation, acquiring and testing of raw ingredients as well as final manufacturing. This gives us the confidence to say that when you are buying a Native Remedies product, you are buying the safest and the best! We know what goes into our remedies - which is why we know what you will get out of them!

4) Manufacturing is done strictly according to the principles of GMP (Good Manufacturing Practice) and all raw ingredients undergo stringent testing before being approved by our registered manufacturing pharmacists.

5) We offer a free email [Ask Our Experts](#) service run by trained consultants ready to advise you on the best choice for your health.

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