



Natural Help for...

Pet High Blood Pressure



What is High Blood Pressure?

High blood pressure, also referred to as **hypertension** is blood pressure in the blood vessels that is abnormally higher than normal.

Blood pressure is checked in pets if an underlying disease is suspected, if the animal is older than nine years or if eye problems or blindness presents itself. A thorough physical examination which includes **checking the heart, nervous system and kidneys** together with a complete medical history will be performed. It is measured in a similar way as in humans, and an inflatable cuff is fitted on the animal's foot or foreleg, or sometimes the tail.

What Causes High Blood Pressure?

It occurs as a result of the **narrowing of the arteries** and several underlying diseases such as hyperthyroidism, chronic renal failure, hypertension, Cushing's disease, diabetes mellitus, polycythemia, glomerular disease or chronic renal failure may also contribute to high blood pressure.

Common symptoms and signs indicating that your dog or cat may have high blood pressure include **blindness, dilated pupils, swollen kidneys, disorientation**, weakness on one side of the body and legs, seizures, palpable thyroid gland, blood or protein in urine, heart murmurs or hypertension.

It affects both dogs and cats. In order to maintain your pet's health, you should have **his blood pressure checked regularly** by your vet. If high blood pressure is caused by an underlying disease and left untreated, the heart, kidneys, nervous system and eyes can be affected.

Diagnosing High Blood Pressure

A standard blood-pressure measuring instrument which is an oscillometric device or Doppler flow device is used to check the pressure. Blood pressure in animals is measured from three different arterial – **systolic, diastolic and average mean** of both of them.

The normal blood pressure of a dog or cat generally **depends on the breed and age** of the animal. For dogs, the normal blood pressure reading is 147/83mm Hg while in cats; it is 160/100mm Hg.

Very often pets become excited when their blood pressure has to be measured and an inaccurate reading is taken. As a result, your vet may have to make **repeated measurements of blood pressure** to confirm the diagnosis. Additional tests

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Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

such as x-rays, blood tests or ultrasound may also be ordered to determine the underlying cause of hypertension.

Help for High Blood Pressure

Your vet will prescribe medications such as a beta-blocker or calcium **channel blocker** to **treat high blood pressure**. In cases where blood pressure is extremely high, hospitalization may be required. Certain lifestyle changes for your pet may be recommended and these include a low sodium diet and weight loss program.

Natural Remedies

Natural and holistic treatments have proven to be highly effective in **balancing blood pressure** in both humans and pets. Treatments such as herbal and homeopathic remedies can safely and effectively support your pet's overall health and wellbeing.

Herbal and homeopathic ingredients such as *Crateagus oxycantha* (Hawthorn), *Arnica montana*, *Kalium phosphate* and *Calcium fluoride* contains cardio-tonic properties, **supports healthy blood pressure**, heart and nervous system health.

Tips to reduce high blood pressure in pets

There are a number of ways that you can minimize high blood pressure in pets and these include:

- Feed your pet a high quality, all natural diet free of preservatives, colorants and additives
- Reduce salt intake or provide your pet with a low sodium diet
- Make sure that your pet maintains a healthy weight as being overweight increases the chance of many illnesses
- Exercise your pet regularly to lower blood pressure and for health and wellbeing
- Watch your pet for any unusual physical or behavioral changes
- Strengthen your pet's immune system with immune-boosting supplements
- Ensure that your pet has regular visits to the vet
- Minimize stress and anxiety in your pet

The Natural Approach

While Western medicine has become the norm in many cultures, it is not the only treatment option. Conventional western medicine, often called **allopathic medicine**, is the system of medicine taught at most medical schools and most pharmaceutical and synthetic medicines are manufactured and marketed according to the principles of allopathic medicine. Allopathic medicine is also sometimes called orthodox medicine.

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that, only a few decades ago, homeopathic, herbal and other natural medicines were commonly available – and freely used even by conventional doctors and veterinarians. While there are often



Michele Carelse, Clinical Psychologist



All of our natural remedies are formulated by our expert team of herbalists, naturopaths and homeopaths, and headed by Michele Carelse.

Michele has had years of experience in the manufacturing and use of natural remedies for both people and pets. In addition, she is a trained Clinical Psychologist and has been incorporating natural remedies into her treatment of patients with depression, anxiety, ADD, ADHD and stress for many years with spectacular results.

heated debates about which system of medicine is 'better' than the other, many responsible doctors and vets (whether they are allopathic or not) recognize that both have a role to play in the treatment program.

Just like humans, domesticated animals like dogs and cats are affected by the health hazards of modern living. Pollution, poor nutrition, stress and unhealthy lifestyles can lead to a variety of illnesses and conditions that are very similar to those experienced by humans. In fact, many, if not most pet health concerns can be addressed by helping your pets to live a healthier lifestyle. While it has its place, conventional medicine for animals and 'modern technology' have failed our pets in many ways.

According to pet expert and author CJ Puotinen, most holistic veterinarians and animal health care professions list annual vaccinations and commercial pet foods as the major contributory cause in the rising rates of chronic illness in pets today. Similarly, Juliette de Bairacli Levy, respected author and renowned animal breeder, points out that contrary to the belief that mass vaccination and antibiotic use will contribute to a decrease in disease, the opposite has in fact proved true. Like their human counterparts, today's pets are becoming more and more vulnerable to chronic disease and ill health. This has led many veterinarians to search for alternatives and to espouse more holistic methods of keeping our pets healthy.

"In the wild, animals instinctively seek out healing herbs to help them when they are ill or undernourished. In fact, Asclepius, the ancient Greek god of medicine, respected dogs very highly for their ability to seek out and eat medicinal herbs in the wild. This ability is shared by other animals, including cats. We are coming to realize that nature often has the answers - but animals have always known this! Natural medicine can help your pet just as it can help you. While there is always a place for conventional veterinary medicine, natural medicine can compliment conventional veterinary care and in many cases do just as well. I have applied the same care and research that have gone into our Native Remedies range for adults and children to the development of pet-friendly, safe and effective natural remedies for animals. As always, all remedies are formulated to the highest therapeutic standards and manufactured under strict pharmaceutical conditions for your peace of mind and the well being of your pets. " Michele Carelse, Clinical Psychologist.

"When a veterinary surgeon practices the use of homeopathic medicine and is asked why he does so, he may give one of several answers. The simple answer would be that the results are good, an emphatic answer would be that homeopathic treatment has no unpleasant or dangerous side effects, while still achieving successful results.

The [PetAlive Homeopathic range](#) has been formulated with this knowledge and is specifically designed to treat your pet in a holistic and natural manner."

Dr. Glenn Ferguson
M-Tech Homeopathy, Doctor of Chinese Medicine

Related Natural Remedies:

[Heart and Circulation Tonic](#): Support healthy circulation and promote heart and artery health

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Heart and Circulation Tonic combines' natural ingredients in a unique heart-friendly formula, which is both effective and safe.

Due to the unique manufacturing formulation, Heart and Circulation Tonic may be safely used on its own or along with prescription medications.

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1) All PetAlive products are manufactured according to the highest pharmaceutical standards - using only the best quality raw ingredients from nature's medicine chest.

2) PetAlive and our suppliers are registered with the FDA as accredited suppliers and manufacturers of health supplements. Our products are sold all over the world and are manufactured to strict international standards in a GMP accredited manufacturing plant.

3) All our remedies are manufactured in an FDA registered pharmaceutical facility under close supervision.

This includes formulation, acquiring and testing of raw ingredients as well as final manufacturing. This gives us the confidence to say that when you are buying a PetAlive product, you are buying the safest and the best! We know what goes into our remedies - which is why we know what you will get out of them!

4) Manufacturing is done strictly according to the principles of GMP (Good Manufacturing Practice) and all raw ingredients undergo stringent testing before being approved by our registered manufacturing pharmacists.

5) We offer a free email [Ask Our Experts](#) service run by trained consultants ready to advise you on the best choice for your pet's health.

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