



# Natural Help for...

# Pet Homesickness



## What Causes Homesickness?

Children and adults often get [homesick](#), and while it may come as a surprise, so do our pets! Staying overnight in an animal hospital, in a kennel for a few days or at the vet for a few hours can cause your animal to **miss their surroundings** and become [homesick](#).

Kittens and puppies may also become [homesick](#) when they are **initially separated from their mothers** and brought into your home.

## Diagnosing Homesickness

Being [homesick](#) and out of their usual surroundings may cause your pet to whine, **lose their appetite or become jittery** and nervous. Some animals may also suffer with constipation or upset stomach from stress and anxiety.

## Help for Homesickness

Your vet may prescribe medications that **help to calm your pet**, however, keep in mind that these medications may also have side effects, and it may be difficult in the future to wean your pet off these prescribed drugs when they return home.

## Natural Remedies

There are a wide variety of natural ingredients used to help support the animal nervous system without doing harm. Herbal and homeopathic remedies can provide an effective way to **lessen the stress and anxiety of an away-from-home stay**. Hypericum perforatum, often called 'Nature's Prozac', is one of the best known herbs for treating anxiety, depression and other nervous disorders.

Matricaria recutita has calming properties and will help to soothe your pet and reduce symptoms of stress, while Ignatia and Capsicum homeopathically **address grief and pining after separation**. Kalium phosphate can help to increase the bio-availability of nutrients, hormones and certain neurotransmitters essential to ensure balanced mood and feelings of well-being.

## Tips to Help Homesickness

For kittens/puppies that have been brought home for the first time:

- Put a ticking clock by the bed (simulates mother's heartbeat)
- Put a hot-water bottle (37 – 39 degrees Celsius) wrapped in a towel near

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Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

your kitten or puppy (this will feel like mother's body)

For overnight stays at the vet or in a kennel:

- Include a piece of old clothing or toy you have handled so that the pet has your scent.
- Stay calm and act cheerful, your pet will pick up on bad vibes.
- Plan to arrive at the kennel about midday, so that the pet only has half a "first day" to endure. Say goodbye quickly, and cheerfully.
- Finally, remember that animals have a strong survival instinct and should be just fine till you return – try not to worry!

## The Natural Approach

While Western medicine has become the norm in many cultures, it is not the only treatment option. Conventional western medicine, often called allopathic medicine, is the system of medicine taught at most medical schools and most pharmaceutical and synthetic medicines are manufactured and marketed according to the principles of allopathic medicine. Allopathic medicine is also sometimes called orthodox medicine.

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that, only a few decades ago, homeopathic, herbal and other natural medicines were commonly available – and freely used even by conventional doctors and veterinarians. While there are often heated debates about which system of medicine is 'better' than the other, many responsible doctors and vets (whether they are allopathic or not) recognize that both have a role to play in the treatment program.

Just like humans, domesticated animals like dogs and cats are affected by the health hazards of modern living. Pollution, poor nutrition, stress and unhealthy lifestyles can lead to a variety of illnesses and conditions that are very similar to those experienced by humans. In fact, many, if not most pet health concerns can be addressed by helping your pets to live a healthier lifestyle. While it has its place, conventional medicine for animals and 'modern technology' have failed our pets in many ways.

According to pet expert and author CJ Puotinen, most holistic veterinarians and animal health care professions list annual vaccinations and commercial pet foods as the major contributory cause in the rising rates of chronic illness in pets today. Similarly, Juliette de Bairacli Levy, respected author and renowned animal breeder, points out that contrary to the belief that mass vaccination and antibiotic use will contribute to a decrease in disease, the opposite has in fact proved true. Like their human counterparts, today's pets are becoming more and more vulnerable to chronic disease and ill health. This has led many veterinarians to search for alternatives and to espouse more holistic methods of keeping our pets healthy.

"In the wild, animals instinctively seek out healing herbs to help them when they are ill or undernourished. In fact, Asclepius, the ancient Greek god of medicine, respected dogs very highly for their ability to seek out and eat medicinal herbs in the wild. This ability is shared by other animals, including cats. We are coming to realize that nature often has the answers - but animals have always known this! Natural medicine can help your pet just as it can help you. While there is always a



### Michele Carelse, Clinical Psychologist



All of our natural remedies are formulated by our expert team of herbalists, naturopaths and homeopaths, and headed by Michele Carelse.

Michele has had years of experience in the manufacturing and use of natural remedies for both people and pets. In addition, she is a trained Clinical Psychologist and has been incorporating natural remedies into her treatment of patients with depression, anxiety, ADD, ADHD and stress for many years with spectacular results.

place for conventional veterinary medicine, natural medicine can compliment conventional veterinary care and in many cases do just as well. I have applied the same care and research that have gone into our Native Remedies range for adults and children to the development of pet-friendly, safe and effective natural remedies for animals. As always, all remedies are formulated to the highest therapeutic standards and manufactured under strict pharmaceutical conditions for your peace of mind and the well being of your pets. " Michele Carelse, Clinical Psychologist.

"When a veterinary surgeon practices the use of homeopathic medicine and is asked why he does so, he may give one of several answers. The simple answer would be that the results are good, an emphatic answer would be that homeopathic treatment has no unpleasant or dangerous side effects, while still achieving successful results.

The [PetAlive Homeopathic range](#) has been formulated with this knowledge and is specifically designed to treat your pet in a holistic and natural manner."

Dr. Glenn Ferguson  
M-Tech Homeopathy, Doctor of Chinese Medicine

## **Related Natural Remedies:**

**Grief & Pining Formula:** Supports balanced mood and well-being

Grief & Pining Formula is a 100% natural remedy especially for pets. The formulation combines natural herbal ingredients well known for their **positive effect on the maintenance of emotional health and well-being** – combined in easy to administer and dissolvable granules that are simply sprinkled on the tongue.

Grief & Pining Formula **may be used every day to provide ongoing support** for your pet's sense of well-being and security or as needed for pets who only need occasional support (e.g. during times of separation).

[Learn more about Grief & Pining Formula](#)

Read the testimonials for these quality products [here!](#)

## **Ask Our Experts a Product Question**

If you have a question about one of our products, its usage or dosage, ask Michele and her team of experts about about it [HERE!](#) We will do our best to get you an answer within 24 hours.

## **Great Health Sites**

[Natural Pet Health Blog](#)

[Natural Holistic Health Blog](#)

[PetAlive Natural & Herbal Remedies for Pets](#)

[Native Remedies - Natural & Herbal Remedies](#)

[Remedies4...Free Natural Health Ebooks](#)



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such as  
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remedies:**

1) All PetAlive products are manufactured according to the highest pharmaceutical standards - using only the best quality raw ingredients from nature's medicine chest.

2) PetAlive and our suppliers are registered with the FDA as accredited suppliers and manufacturers of health supplements. Our products are sold all over the world and are manufactured to strict international standards in a GMP accredited manufacturing plant.

3) All our remedies are manufactured in an FDA registered pharmaceutical facility under close supervision.

This includes formulation, acquiring and testing of raw ingredients as well as final manufacturing. This gives us the confidence to say that when you are buying a PetAlive product, you are buying the safest and the best! We know what goes into our remedies - which is why we know what you will get out of them!

4) Manufacturing is done strictly according to the principles of GMP (Good Manufacturing Practice) and all raw ingredients undergo stringent testing before being approved by our registered manufacturing pharmacists.

5) We offer a free email [Ask Our Experts](#) service run by trained consultants ready to advise you on the best choice for your pet's health.

6) We offer an unconditional [One Year Money Back Guarantee](#).





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