



# Natural Help 4...

## Joint Pain in Horses



### What Causes Horse Joint Pain?

The internal pressure building as a result of swollen tissues brings about pain.

This inflammation can occur as a result of:

- Repeated trauma
- Stress to the joint
- Everyday use
- Athletic training
- Incorrect shoeing
- Excess weight (an overweight horse will put huge amounts of pressure on joints)

Symptoms of [joint pain](#) include:

- [Lameness](#)
- Swelling
- Heat (usually felt on the fetlock or joint)
- Raised foot (not wanting to stand on the joint)

*Note: If left untreated, (or allowed to recur repeatedly), [inflamed joints](#) may have a damaging effect upon joint cartilage. The possibility of Arthritis should also be investigated.*

### Help for Horse Joint Pain

If you notice your horse avoiding standing on a leg, or limping – call your vet immediately. Remember to let your vet know when the trouble started and **describe any swelling visible to the naked eye**. Your vet will most likely prescribe treatment with anti-inflammatories, however these medications may also have side effects. Ask your vet to explain the medication, and the potential risks. Also ask him about existing [equine joint supplements](#) that can help.

### Natural Remedies

There are many herbal and homeopathic remedies that can help to **address stiff, painful joints in horses**. Homeopathic ingredients such as Apis and Rhus tox can gently, yet effectively support supple joints and ligaments.

Ferrum phos., Nat. phos. and Calc. fluor can address imbalances at a cellular level, and **help promote strong ligaments**, muscles and bones. Arnica can help address pain, bruising and tenderness – without numbing the joint or carrying the

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It is not intended to diagnose or treat any medical condition. Nothing in this ebook is intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your veterinarian or other qualified health provider with any questions you may have regarding a medical condition.

Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

risks of harsh drugs.

## Tips for healthy joints

- Like human joints, horse joints tend to wear out if they are not adequately kept supple and in working order. Make sure your horse gets adequate exercise (without overdoing it).
- Ensure that your horse maintains a healthy weight. Speak to your vet about a limited diet if you suspect your horse is overweight. Excess weight can put joints under extreme strain.
- Use soothing massage of your horse's joints – try natural oils or creams to help keep the joint warm and healthy.
- Always warm up your horse before an event – start slowly and gently to avoid joint injury.
- Make sure your horse is shod properly – as bad shoeing can lead to sore joints and major damage.

## The Natural Approach

While Western medicine has become the norm in many cultures, it is not the only treatment option. Conventional western medicine, often called allopathic medicine, is the system of medicine taught at most medical schools and most pharmaceutical and synthetic medicines are manufactured and marketed according to the principles of allopathic medicine. Allopathic medicine is also sometimes called orthodox medicine.

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that, only a few decades ago, homeopathic, herbal and other natural medicines were commonly available – and freely used even by conventional doctors and veterinarians. While there are often heated debates about which system of medicine is 'better' than the other, many responsible doctors and vets (whether they are allopathic or not) recognize that both have a role to play in the treatment program.

Just like humans, domesticated animals like dogs and cats are affected by the health hazards of modern living. Pollution, poor nutrition, stress and unhealthy lifestyles can lead to a variety of illnesses and conditions that are very similar to those experienced by humans. In fact, many, if not most pet health concerns can be addressed by helping your pets to live a healthier lifestyle. While it has its place, conventional medicine for animals and 'modern technology' have failed our pets in many ways.

According to pet expert and author CJ Puotinen, most holistic veterinarians and animal health care professions list annual vaccinations and commercial pet foods as the major contributory cause in the rising rates of chronic illness in pets today. Similarly, Juliette de Bairacli Levy, respected author and renowned animal breeder, points out that contrary to the belief that mass vaccination and antibiotic use will contribute to a decrease in disease, the opposite has in fact proved true. Like their human counterparts, today's pets are becoming more and more vulnerable to chronic disease and ill health. This has led many veterinarians to search for alternatives and to espouse more holistic methods of keeping our pets healthy.

"In the wild, animals instinctively seek out healing herbs to help them when they



### Michele Carelse, Clinical Psychologist



All of our natural remedies are formulated by our expert team of herbalists, naturopaths and homeopaths, and headed by Michele Carelse.

Michele has had years of experience in the manufacturing and use of natural remedies for both people and pets. In addition, she is a trained Clinical Psychologist and has been incorporating natural remedies into her treatment of patients with depression, anxiety, ADD, ADHD and stress for many years with spectacular results.

are ill or undernourished. In fact, Asclepius, the ancient Greek god of medicine, respected dogs very highly for their ability to seek out and eat medicinal herbs in the wild. This ability is shared by other animals, including cats. We are coming to realize that nature often has the answers - but animals have always known this! Natural medicine can help your pet just as it can help you. While there is always a place for conventional veterinary medicine, natural medicine can compliment conventional veterinary care and in many cases do just as well. I have applied the same care and research that have gone into our Native Remedies range for adults and children to the development of pet-friendly, safe and effective natural remedies for animals. As always, all remedies are formulated to the highest therapeutic standards and manufactured under strict pharmaceutical conditions for your peace of mind and the well being of your pets. " Michele Carelse, Clinical Psychologist.

"When a veterinary surgeon practices the use of homeopathic medicine and is asked why he does so, he may give one of several answers. The simple answer would be that the results are good, an emphatic answer would be that homeopathic treatment has no unpleasant or dangerous side effects, while still achieving successful results.

The [PetAlive Homeopathic range](#) has been formulated with this knowledge and is specifically designed to treat your pet in a holistic and natural manner."

Dr. Glenn Ferguson  
M-Tech Homeopathy, Doctor of Chinese Medicine

## **Related Natural Remedies:**

**[EQuine Joint Relief](#)**: Homeopathic remedy temporarily relieves stiffness, sore muscles and joints in horses

**EQuine Joint Relief** is an FDA-registered natural remedy containing *100% homeopathic ingredients* known for their ability to **relieve stiff, sore muscles and joints** as well as help **maintain lubrication of joints**.

Taken internally, the ingredients in Equine Joint Relief help **facilitate easy fluid movement and suppleness**, while supporting healthy joints in horses.

Presented in a convenient pillule form, the tiny granules are easy to administer.

All Native Remedies homeopathic products and biochemic tissue salts are manufactured in an FDA and GMP registered pharmaceutical facility under the supervision of qualified homeopaths and responsible pharmacists. Individual ingredients are listed in the Homeopathic Pharmacopoeia of the United States (HPUS).

[Learn more about EQuine Joint Relief](#)

Read the testimonials for these quality products [here!](#)

## **Ask Our Experts a Product Question**

If you have a question about one of our products, its usage or dosage, ask Michele and her team of experts about about it [HERE!](#) We will do our best to get you an answer within 24 hours.

## **Great Health Sites**

[Natural Pet Health Blog](#)

[Natural Holistic Health Blog](#)

[PetAlive Natural & Herbal Remedies for Pets](#)

[Native Remedies - Natural & Herbal Remedies](#)

[Remedies4...Free Natural Health Ebooks](#)



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such as  
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**Six Good Reasons  
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as your trusted suppliers of  
herbal & homeopathic  
remedies:**

1) All PetAlive products are manufactured according to the highest pharmaceutical standards - using only the best quality raw ingredients from nature's medicine chest.

2) PetAlive and our suppliers are registered with the FDA as accredited suppliers and manufacturers of health supplements. Our products are sold all over the world and are manufactured to strict international standards in a GMP accredited manufacturing plant.

3) All our remedies are manufactured in an FDA registered pharmaceutical facility under close supervision.

This includes formulation, acquiring and testing of raw ingredients as well as final manufacturing. This gives us the confidence to say that when you are buying a PetAlive product, you are buying the safest and the best! We know what goes into our remedies - which is why we know what you will get out of them!

4) Manufacturing is done strictly according to the principles of GMP (Good Manufacturing Practice) and all raw ingredients undergo stringent testing before being approved by our registered manufacturing pharmacists.

5) We offer a free email [Ask Our Experts](#) service run by trained consultants ready to advise you on the best choice for your pet's health.

6) We offer an unconditional [One Year Money Back Guarantee](#).





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