



Natural Help 4...

Rhino Flu in Horses



What is Rhino Flu?

Rhino flu, also known as rhinopneumonitis in horses, is an upper respiratory disease **caused by the equine herpes virus**. It affects the mucous membranes of the nasal cavities and lungs. Although this disease is not life-threatening, it can cause serious health complications which affect the respiratory, reproductive and nervous system of the horse.

What Causes Rhino Flu?

Most adult horses are exposed to the equine herpes virus during their first months of life. The **virus usually affects the horse's respiratory system** but remains dormant for the rest of his life with the help of the immune system.

If the immune system is compromised in any way, the virus will cause respiratory symptoms. **Rhino flu can also cause abortion in a pregnant mare** if infected with the virus. The virus can also attack the spinal cord and cause neurological symptoms. If treated early, symptoms can be reduced and managed.

Diagnosing Rhino Flu

The **diagnosis of rhino flu** is based on the symptoms, a complete physical examination and **review of the horse's medical history**. Certain diagnostic tests such as x-rays, thoracic ultrasound, endoscopic examination, fine needle aspiration and lung biopsy may be performed to confirm the diagnosis.

Symptoms and signs

The common symptoms and signs of rhino flu include:

- Fever
- Loss of appetite
- Lethargy
- Nasal membranes and eyes reddened and tear
- Nasal discharge
- Dry, hacking cough
- Stocking up and heat in the lower legs
- Swollen, enlarged lymph nodes in the neck

Help for Rhino Flu

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The content of this ebook is intended for informational purposes only.

It is not intended to diagnose or treat any medical condition. Nothing in this ebook is intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your veterinarian or other qualified health provider with any questions you may have regarding a medical condition.

Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

Treatment of rhino flu involves certain medications, supportive care and adequate rest. Medications such as **antibiotics may be prescribed** to treat secondary infections. A vaccination program is very important to protect against infection.

Pregnant mares require the rhinopneumonitis vaccine at least three times during the gestation period (months 5, 7 and 9) to prevent abortion. If your horse lives in isolation, an annual vaccination is usually sufficient.

Young horses should **also receive the vaccine every 2 to 3 months** while horses that move around a lot should be vaccinated at least 4 times per year. These vaccinations, however, are not that effective and cannot protect against neurological disease.

Avoid giving your horse human cough syrups or decongestants as these are potentially dangerous. In order to speed recovery, a comfortable, **dry but well ventilated barn or stable**, adequate rest, palatable foods as well as plenty of fresh, clean water and tender loving care are essential.

Natural Remedies

Natural and holistic remedies have also proven to be highly effective in providing symptomatic relief for upper respiratory diseases. Homeopathic treatments safely **support the respiratory system in horses** and also maintain overall health and well-being.

Carefully selected ingredients such as Aconitum napellus, Belladonna and Hepar sulph are soothes the throat, clears congested noses and chests and **strengthens the immune system**. Silicea, Merc sol and Sulphur support respiratory health and acts as a tonic for the immune system.

Tips to prevent rhino flu

There are a number of things that horse owners can do to prevent an episode of rhino flu affecting their horse and these include:

- Feed your horse high quality hay or grain
- Always ensure that your horse has access to fresh, clean water
- Make sure that your horse's stable is well ventilated – always keep the top half of the stable door open
- Reduce exposure to dust and allergens to facilitate easier breathing
- Boost your horse's immune system with immune-boosting supplements and antioxidants
- Separate young horses from older horses if rhino flu has developed amongst the herd
- Change bedding regularly and check for bedding soaked with urine – use fresh shavings or shredded paper in peat instead of straw
- Ensure that horses are kept warm and dry in cold and wet conditions as well as after exercise
- Make sure that your horse's vaccinations are updated to prevent infections
- De-worm your horse regularly

The Natural Approach



Michele Carelse, Clinical Psychologist



All of our natural remedies are formulated by our expert team of herbalists, naturopaths and homeopaths, and headed by Michele Carelse.

Michele has had years of experience in the manufacturing and use of natural remedies for both people and pets. In addition, she is a trained Clinical Psychologist and has been incorporating natural remedies into her treatment of patients with depression, anxiety, ADD, ADHD and stress for many years with spectacular results.

While Western medicine has become the norm in many cultures, it is not the only treatment option. Conventional western medicine, often called allopathic medicine, is the system of medicine taught at most medical schools and most pharmaceutical and synthetic medicines are manufactured and marketed according to the principles of allopathic medicine. Allopathic medicine is also sometimes called orthodox medicine.

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that, only a few decades ago, homeopathic, herbal and other natural medicines were commonly available – and freely used even by conventional doctors and veterinarians. While there are often heated debates about which system of medicine is ‘better’ than the other, many responsible doctors and vets (whether they are allopathic or not) recognize that both have a role to play in the treatment program.

Just like humans, domesticated animals like dogs and cats are affected by the health hazards of modern living. Pollution, poor nutrition, stress and unhealthy lifestyles can lead to a variety of illnesses and conditions that are very similar to those experienced by humans. In fact, many, if not most pet health concerns can be addressed by helping your pets to live a healthier lifestyle. While it has its place, conventional medicine for animals and 'modern technology' have failed our pets in many ways.

According to pet expert and author CJ Puotinen, most holistic veterinarians and animal health care professions list annual vaccinations and commercial pet foods as the major contributory cause in the rising rates of chronic illness in pets today. Similarly, Juliette de Bairacli Levy, respected author and renowned animal breeder, points out that contrary to the belief that mass vaccination and antibiotic use will contribute to a decrease in disease, the opposite has in fact proved true. Like their human counterparts, today's pets are becoming more and more vulnerable to chronic disease and ill health. This has led many veterinarians to search for alternatives and to espouse more holistic methods of keeping our pets healthy.

"In the wild, animals instinctively seek out healing herbs to help them when they are ill or undernourished. In fact, Asclepius, the ancient Greek god of medicine, respected dogs very highly for their ability to seek out and eat medicinal herbs in the wild. This ability is shared by other animals, including cats. We are coming to realize that nature often has the answers - but animals have always known this! Natural medicine can help your pet just as it can help you. While there is always a place for conventional veterinary medicine, natural medicine can compliment conventional veterinary care and in many cases do just as well. I have applied the same care and research that have gone into our Native Remedies range for adults and children to the development of pet-friendly, safe and effective natural remedies for animals. As always, all remedies are formulated to the highest therapeutic standards and manufactured under strict pharmaceutical conditions for your peace of mind and the well being of your pets. " Michele Carelse, Clinical Psychologist.

"When a veterinary surgeon practices the use of homeopathic medicine and is asked why he does so, he may give one of several answers. The simple answer would be that the results are good, an emphatic answer would be that homeopathic treatment has no unpleasant or dangerous side effects, while still achieving successful results.

Ask Our Experts a Product Question

If you have a question about one of our products, its usage or dosage, ask Michele and her team of experts about about it [HERE!](#) We will do our best to get you an answer within 24 hours.

Great Health Sites

[Natural Pet Health Blog](#)

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[Native Remedies - Natural & Herbal Remedies](#)

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The [PetAlive Homeopathic range](#) has been formulated with this knowledge and is specifically designed to treat your pet in a holistic and natural manner."

Dr. Glenn Ferguson
M-Tech Homeopathy, Doctor of Chinese Medicine

Related Natural Remedies:

[Equine Immunity Booster](#): Promotes a healthy, strong immune system in horses

Equine Immunity Booster blend contains a combination of specially selected herbs known for their ability to **support immune functioning and promote vitality**.

There is a great deal of evidence to suggest that the use of **carefully chosen herbal ingredients** can play a big role in **improving immune functioning**. Along with the correct lifestyle choices, our herbal remedies can make all the difference to your horse's health.

Equine Immunity Booster is a loose herbal blend and can be added to horse feed daily – quick and easy with no fuss.

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4) Manufacturing is done strictly according to the principles of GMP (Good Manufacturing Practice) and all raw ingredients undergo stringent testing before being approved by our registered manufacturing pharmacists.

5) We offer a free email [Ask Our Experts](#) service run by trained consultants ready to advise you on the best choice for your pet's health.

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