



Natural Help 4...

Helping a Horse Adjust to a New Environment



Helping a Horse Adjust to a New Environment

It can take some time for a horse to adjust to a new environment, and become relaxed in their new surroundings. Remember that moving to a new environment is a huge change and **your horse may suddenly feel quite anxious** and scared at the unfamiliar surroundings. In many cases, your horse is also struggling with the loss of other familiar horses and may actually become quite lonely during the first couple of weeks.

The best thing you can do for your horse during this difficult time is to spend as much quality time with him as possible and understand that **horse adaptations to the environment are a complex process and may take some time**. You may find that horses who are used to travelling or showing will adjust faster than others, but generally horses are not themselves for at least a couple weeks. You may find your horse becomes spooked in a stall or is not relaxed in the ring.

During this time you may notice your previously happy and well adapted horse starts acting out with **a few new behavioral problems**. It's often useful to ease up a bit on the training during this time and rather spend time taking them out for hand walks around the new property and spending plenty of time with them.

Natural Remedies

Adjusting to a new environment can be a scary time for horses, and sometimes they could use a little help from nature to make the transition a little easier. There is a variety of **natural ingredients that can be used to make your anxious horse** feel calm and at ease.

One such example is Chamomilla which is an excellent calming herb. Chamomilla can be **used to help soothe fearful**, angry and irritable horses and can also be used to reduce restlessness.

Another useful homeopathic ingredient for distress is Kali. phos. which works on the nervous system and is very useful for **stressed horses**, or those with a nervous disposition. Similarly Asarum and Phosphorus are **recommended for skittish and nervous horses** as they are well known for their beneficial calming and relaxing properties.

Tips to help a horse adjust to a new Environment

- Horses are often comforted by routine. Try to be consistent and plan it so that your visits, feeding times, and turn-out times happen at roughly the same time each day.

Sign up for our
Email Newsletter
for Even More
Natural Health
Information!



[Click Here >>](#)

The content of this ebook is intended for informational purposes only.

It is not intended to diagnose or treat any medical condition. Nothing in this ebook is intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your veterinarian or other qualified health provider with any questions you may have regarding a medical condition.

Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

- Spend lots of quality time with your horse. This can include gentle walks around the new property, grooming sessions, and lots of affection.
- Don't try steam ahead with planned training sessions as your horse will more likely be distracted and may even become very anxious. Put heavy-duty training on hold until he has adjusted properly.
- Keep an eye on his reactions to the horses around him and make sure that he is not pastured with aggressive horses. Adjusting to the other horses in the new Environment may be just as distressing.
- Try to remain calm yourself. Many caring horse-owners become more stressed and worked up about the change than their horse and horses can pick up on this fear. Staying relaxed will help to calm your horse. Remember that horses do adjust, sometime far quicker than we expect, and before long, he'll be happy in his new Environment!

The Natural Approach

While Western medicine has become the norm in many cultures, it is not the only treatment option. Conventional western medicine, often called allopathic medicine, is the system of medicine taught at most medical schools and most pharmaceutical and synthetic medicines are manufactured and marketed according to the principles of allopathic medicine. Allopathic medicine is also sometimes called orthodox medicine.

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that, only a few decades ago, homeopathic, herbal and other natural medicines were commonly available – and freely used even by conventional doctors and veterinarians. While there are often heated debates about which system of medicine is 'better' than the other, many responsible doctors and vets (whether they are allopathic or not) recognize that both have a role to play in the treatment program.

Just like humans, domesticated animals like dogs and cats are affected by the health hazards of modern living. Pollution, poor nutrition, stress and unhealthy lifestyles can lead to a variety of illnesses and conditions that are very similar to those experienced by humans. In fact, many, if not most pet health concerns can be addressed by helping your pets to live a healthier lifestyle. While it has its place, conventional medicine for animals and 'modern technology' have failed our pets in many ways.

According to pet expert and author CJ Puotinen, most holistic veterinarians and animal health care professions list annual vaccinations and commercial pet foods as the major contributory cause in the rising rates of chronic illness in pets today. Similarly, Juliette de Bairacli Levy, respected author and renowned animal breeder, points out that contrary to the belief that mass vaccination and antibiotic use will contribute to a decrease in disease, the opposite has in fact proved true. Like their human counterparts, today's pets are becoming more and more vulnerable to chronic disease and ill health. This has led many veterinarians to search for alternatives and to espouse more holistic methods of keeping our pets healthy.

"In the wild, animals instinctively seek out healing herbs to help them when they are ill or undernourished. In fact, Asclepius, the ancient Greek god of medicine, respected dogs very highly for their ability to seek out and eat medicinal herbs in the wild. This ability is shared by other animals, including cats. We are coming to



Michele Carelse, Clinical Psychologist



All of our natural remedies are formulated by our expert team of herbalists, naturopaths and homeopaths, and headed by Michele Carelse.

Michele has had years of experience in the manufacturing and use of natural remedies for both people and pets. In addition, she is a trained Clinical Psychologist and has been incorporating natural remedies into her treatment of patients with depression, anxiety, ADD, ADHD and stress for many years with spectacular results.

realize that nature often has the answers - but animals have always known this! Natural medicine can help your pet just as it can help you. While there is always a place for conventional veterinary medicine, natural medicine can compliment conventional veterinary care and in many cases do just as well. I have applied the same care and research that have gone into our Native Remedies range for adults and children to the development of pet-friendly, safe and effective natural remedies for animals. As always, all remedies are formulated to the highest therapeutic standards and manufactured under strict pharmaceutical conditions for your peace of mind and the well being of your pets. " Michele Carelse, Clinical Psychologist.

"When a veterinary surgeon practices the use of homeopathic medicine and is asked why he does so, he may give one of several answers. The simple answer would be that the results are good, an emphatic answer would be that homeopathic treatment has no unpleasant or dangerous side effects, while still achieving successful results.

The [PetAlive Homeopathic range](#) has been formulated with this knowledge and is specifically designed to treat your pet in a holistic and natural manner."

Dr. Glenn Ferguson
M-Tech Homeopathy, Doctor of Chinese Medicine

Related Natural Remedies:

[EQuine Horse Calm](#): Homeopathic remedy temporarily calms and soothes highly-strung, stressed and anxious horses

EQuine Horse Calm is a 100% safe and natural FDA registered homeopathic remedy that uses ingredients known for their ability to **support calm mood and soothed temperament in horses**. Taken internally, the ingredients in EQuine Horse Calm are homeopathic, addressing acute symptoms such as rapid breathing, increased heart rate and resistance - helping your horse to adjust in a natural manner without causing drowsiness or lethargy.

[Learn more about EQuine Horse Calm](#)

Read the testimonials for these quality products [here!](#)

Ask Our Experts a Product Question

If you have a question about one of our products, its usage or dosage, ask Michele and her team of experts about about it [HERE!](#) We will do our best to get you an answer within 24 hours.

Great Health Sites

[Natural Pet Health Blog](#)

[Natural Holistic Health Blog](#)

[PetAlive Natural & Herbal Remedies for Pets](#)

[Native Remedies - Natural & Herbal Remedies](#)

[Remedies4...Free Natural Health Ebooks](#)



All Natural
Remedies
for Pet
Disorders
such as
UTI, Stress,
Anxiety,
Joints and
More!



PetAlive.com

CLICK HERE!

**Six Good Reasons
to choose PetAlive
as your trusted suppliers of
herbal & homeopathic
remedies:**

1) All PetAlive products are manufactured according to the highest pharmaceutical standards - using only the best quality raw ingredients from nature's medicine chest.

2) PetAlive and our suppliers are registered with the FDA as accredited suppliers and manufacturers of health supplements. Our products are sold all over the world and are manufactured to strict international standards in a GMP accredited manufacturing plant.

3) All our remedies are manufactured in an FDA registered pharmaceutical facility under close supervision.

This includes formulation, acquiring and testing of raw ingredients as well as final manufacturing. This gives us the confidence to say that when you are buying a PetAlive product, you are buying the safest and the best! We know what goes into our remedies - which is why we know what you will get out of them!

4) Manufacturing is done strictly according to the principles of GMP (Good Manufacturing Practice) and all raw ingredients undergo stringent testing before being approved by our registered manufacturing pharmacists.

5) We offer a free email [Ask Our Experts](#) service run by trained consultants ready to advise you on the best choice for your pet's health.

6) We offer an unconditional [One Year Money Back Guarantee](#).





**Read more about the Native
Remedies Full Spectrum
Approach™**

Find More Great Health Ebooks at
Remedies4.com

The statements regarding these products have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. The information on this Web site or in emails is designed for educational purposes only. It is not intended to be a substitute for informed medical advice or care. You should not use this information to diagnose or treat any health problems or illnesses without consulting your pediatrician or family doctor. Please consult a doctor with any questions or concerns you might have regarding your or your child's condition.

All images on this site are property of Native Remedies LLC and/or the original image licensors. The content of these images is not meant to suggest that the person depicted uses or endorses our products or services. Informational material and representations have been provided by the manufacturers of the listed products. Copyright © 1997-2008 Native Remedies, LLC. All rights reserved.