



# Natural Help for...



## Pet Diarrhea

### What is Diarrhea?

Pets, like humans, can occasionally encounter a bout of [diarrhea](#). [Diarrhea](#) usually occurs when something that your pet has eaten does not agree with his stomach or irritates it. It is characterized by **[loose, watery stools that are passed frequently](#)**. Sometimes there may even be blood present in the stools. It affects dogs and cats of all ages and breeds.

Warning **signs that you should be aware of include** loss of appetite, vomiting, weakness, fever, a sense of urgency to defecate several times during the day as well as continue to strain after defecating. [Diarrhea](#) may be mild or severe. This condition affects loss of fluids within the body, which can lead to dehydration, acid-base imbalance or electrolyte interference.

If [diarrhea](#) is accompanied by vomiting, fever and your pet refuses to drink water, **this is cause for concern** and you need to consult your vet as soon as possible.

### What Causes Diarrhea?

There are various [causes of diarrhea](#) that range from **eating spoilt or rotten food, garbage or roadkill**, overeating, ingesting chemicals and toxins, sudden changes in diet, food allergies or a reaction to certain medications. More severe episodes of [diarrhea](#) may develop because of parasitic infestation, bacterial, viral and fungal infection, colitis, ulcer, pancreatitis, inflammatory bowel disease, kidney and liver disease, or stomach cancer.

### Diagnosing Diarrhea

The [diagnosis of diarrhea](#) is based on the symptoms presented, a thorough physical examination and review of your pet's medical history. Your vet will take a fresh stool sample to check for internal parasites, blood tests, x-rays, ultrasound of the abdomen or endoscopy to determine the [cause of diarrhea](#).

### Help for Diarrhea

Mild [episodes of diarrhea](#) can be managed at home. This can be done by withholding food for 24 to 48 hours, but always make sure that **water is available to avoid dehydration**. When [diarrhea](#) stops, feed your pet a bland diet of cooked rice with chicken in small amounts 3 to 6 times per day.

Afterwards, you can slowly return him to his normal diet. However, do not withhold food from puppies or kittens or administer any over-the-counter

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It is not intended to diagnose or treat any medical condition. Nothing in this ebook is intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your veterinarian or other qualified health provider with any questions you may have regarding a medical condition.

Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

medications – consult your vet first! In cases of [severe diarrhea](#), a **specially formulated diet** will be prescribed together with anti-inflammatory or antibiotic medications and intravenous fluids.

## Natural remedies

Natural and holistic remedies can also provide relief for both dogs and cats suffering from [diarrhea](#). Herbal and homeopathic remedies are not only safe and effective to use but help to **maintain overall digestive health** and functioning.

Carefully selected herbal ingredients such as Plantago major (Plantain) and Alchemilla vulgaris (Lady's Mantle) **support the digestive system** and production of healthy, firm stools. Homeopathic ingredients such as Podophyllum, Sulphur and Arsen alb. help to maintain bowel functioning and are excellent natural remedies for both the digestive and nervous systems.

## Tips to Prevent Diarrhea in Dogs and Cats

In order to prevent [episodes of diarrhea](#) occurring in your pet, there are a number of things that you can do and these include:

- Feed your pet high quality, commercial pet food or a well balanced all natural diet that contains all the essential vitamins, minerals and nutrients
- Avoid feeding your pet table scraps, bones or snacks and exclude bran, sugar and lactose products from his diet
- If your pet has [loose stools](#), give his stomach a rest by withholding food for at least 24 hours and water for 12 hours – this will help to ease an irritated stomach
- After your pet's fast, feed him a bland diet of cooked rice with skinless chicken and follow with small amounts of plain yogurt which contains natural bacterial cultures and soothes the bowel
- Try not to make any sudden changes to your pet's diet – introduce new foods gradually by adding it to old food. It should take 3 – 5 days to introduce a new diet
- Inspect your pet's stool daily for abnormalities such as [loose stools](#), blood or mucus in stools
- Ensure that your pet is de-wormed regularly
- Keep your pet away from spoiled food and garbage cans
- Make sure that your pet's vaccinations are updated

## The Natural Approach

While Western medicine has become the norm in many cultures, it is not the only treatment option. Conventional western medicine, often called allopathic medicine, is the system of medicine taught at most medical schools and most pharmaceutical and synthetic medicines are manufactured and marketed according to the principles of allopathic medicine. Allopathic medicine is also sometimes called orthodox medicine.

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that, only a few decades ago, homeopathic, herbal and other natural medicines were commonly available – and freely used even by conventional doctors and veterinarians. While there are often



## Michele Carelse, Clinical Psychologist



All of our natural remedies are formulated by our expert team of herbalists, naturopaths and homeopaths, and headed by Michele Carelse.

Michele has had years of experience in the manufacturing and use of natural remedies for both people and pets. In addition, she is a trained Clinical Psychologist and has been incorporating natural remedies into her treatment of patients with depression, anxiety, ADD, ADHD and stress for many years with spectacular results.

heated debates about which system of medicine is 'better' than the other, many responsible doctors and vets (whether they are allopathic or not) recognize that both have a role to play in the treatment program.

Just like humans, domesticated animals like dogs and cats are affected by the health hazards of modern living. Pollution, poor nutrition, stress and unhealthy lifestyles can lead to a variety of illnesses and conditions that are very similar to those experienced by humans. In fact, many, if not most pet health concerns can be addressed by helping your pets to live a healthier lifestyle. While it has its place, conventional medicine for animals and 'modern technology' have failed our pets in many ways.

According to pet expert and author CJ Puotinen, most holistic veterinarians and animal health care professions list annual vaccinations and commercial pet foods as the major contributory cause in the rising rates of chronic illness in pets today. Similarly, Juliette de Bairacli Levy, respected author and renowned animal breeder, points out that contrary to the belief that mass vaccination and antibiotic use will contribute to a decrease in disease, the opposite has in fact proved true. Like their human counterparts, today's pets are becoming more and more vulnerable to chronic disease and ill health. This has led many veterinarians to search for alternatives and to espouse more holistic methods of keeping our pets healthy.

"In the wild, animals instinctively seek out healing herbs to help them when they are ill or undernourished. In fact, Asclepius, the ancient Greek god of medicine, respected dogs very highly for their ability to seek out and eat medicinal herbs in the wild. This ability is shared by other animals, including cats. We are coming to realize that nature often has the answers - but animals have always known this! Natural medicine can help your pet just as it can help you. While there is always a place for conventional veterinary medicine, natural medicine can compliment conventional veterinary care and in many cases do just as well. I have applied the same care and research that have gone into our Native Remedies range for adults and children to the development of pet-friendly, safe and effective natural remedies for animals. As always, all remedies are formulated to the highest therapeutic standards and manufactured under strict pharmaceutical conditions for your peace of mind and the well being of your pets. " Michele Carelse, Clinical Psychologist.

"When a veterinary surgeon practices the use of homeopathic medicine and is asked why he does so, he may give one of several answers. The simple answer would be that the results are good, an emphatic answer would be that homeopathic treatment has no unpleasant or dangerous side effects, while still achieving successful results.

The [PetAlive Homeopathic range](#) has been formulated with this knowledge and is specifically designed to treat your pet in a holistic and natural manner."

Dr. Glenn Ferguson  
M-Tech Homeopathy, Doctor of Chinese Medicine

## **Related Natural Remedies:**

**[RuniPoo Relief](#)**: Supports healthy digestion and bowel functioning

## **Ask Our Experts a Product Question**

If you have a question about one of our products, its usage or dosage, ask Michele and her team of experts about about it [HERE!](#) We will do our best to get you an answer within 24 hours.

## **Great Health Sites**

[Natural Pet Health Blog](#)

[Natural Holistic Health Blog](#)

[PetAlive Natural & Herbal Remedies for Pets](#)

[Native Remedies - Natural & Herbal Remedies](#)

[Remedies4...Free Natural Health Ebooks](#)

RuniPoo Relief is a 100% natural remedy, containing herbal ingredients that have been carefully selected to **support digestive balance, support the production of firm stools, and maintain healthy bowel functioning.** Presented in easy to administer drops, RuniPoo may simply be mixed with a favorite treat to use when needed for a quick response.

[Learn more about RuniPoo Relief](#)

Read the testimonials for these quality products [here!](#)



All Natural Remedies for Pet Disorders such as UTI, Stress, Anxiety, Joints and More!



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**Six Good Reasons to choose PetAlive as your trusted suppliers of herbal & homeopathic remedies:**

1) All PetAlive products are manufactured according to the highest pharmaceutical standards - using only the best quality raw ingredients from nature's medicine chest.

2) PetAlive and our suppliers are registered with the FDA as accredited suppliers and manufacturers of health supplements. Our products are sold all over the world and are manufactured to strict international standards in a GMP accredited manufacturing plant.

3) All our remedies are manufactured in an FDA registered pharmaceutical facility under close supervision.

This includes formulation, acquiring and testing of raw ingredients as well as final manufacturing. This gives us the confidence to say that when you are buying a PetAlive product, you are buying the safest and the best! We know what goes into our remedies - which is why we know what you will get out of them!

4) Manufacturing is done strictly according to the principles of GMP (Good Manufacturing Practice) and all raw ingredients undergo stringent testing before being approved by our registered manufacturing pharmacists.

5) We offer a free email [Ask Our Experts](#) service run by trained consultants ready to advise you on the best choice for your pet's health.

6) We offer an unconditional [One Year Money Back Guarantee](#).





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