

Natural Help 4...

Seizures



What are Seizures?

A [seizure](#) is a condition that occurs when the **electrical system of the brain malfunctions**. When the brain functions normally, a multitude of tiny electrical signals are produced by the nerve cells of the brain and other parts of the body. With a [seizure](#) there is a short, temporary disturbance within the electrical system of the brain – like when a power outage occurs and the electricity switches off.

[Seizures](#) cause **uncontrollable changes in body movements**, behavior, awareness or sensation. Before a seizure occurs, there may be warning signs known as an aura – unusual smells, tastes or sensations.

After a [seizure](#) has occurred, the person will often experience after effects such as a headache, confusion, fatigue, sore muscles and unusual sensations - this is called the postictal state. When [seizures](#) recur, the condition is known as epilepsy.

The symptoms and signs of a seizure

- Group of muscles contract suddenly and involuntary
- Numbness of part of the body
- Brief memory loss
- Strange sensations
- Experiencing a sensation of fear
- Seeing flashes or sparks

Types of Seizures

[Seizures](#) may occur in only one region of the brain and is called a partial seizure. There are different types of partial seizures – simple partial seizure and complex partial seizure.

- **During a simple partial seizure**, the person may experience strange sensations but remains conscious.
- **In a complex partial seizure**, the person may lose consciousness, and this change in consciousness may be like a dreamlike experience.

If a [seizure](#) affects many regions of the brain, it is called a generalized seizure or a grand mal seizure, fit or convulsion. This type of seizure commonly causes the person to collapse, lose consciousness or experience severe muscle spasms. It may be accompanied by excessive salivation, vomiting, loss of bladder and bowel control.

Generalized seizures are also categorized into various types and include:

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Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

- **Absence or petit mal seizures** – the person may experience a short period of impaired consciousness, followed by staring into space and perhaps mild twitching of muscle groups
- **Focal motor seizure** – repeated twitching movements in the face or limbs
- **Tonic seizures** – the muscles of the body stiffen and pull tight, particularly in the legs, arms and back
- **Clonic seizure** – repeated jerking movements occur on both sides of the body
- **Tonic – clonic seizure** – a combination of symptoms, which includes loss of consciousness, stiffening of the body and repeated jerks of the arms and/or legs

Diagnosing Seizures

The [diagnosis of a seizure](#) is determined by the symptoms presented, a physical examination and medical history of the patient. Various tests may be performed and include:

- Electroencephalogram (EEG)
- CT scan or MRI scan
- Blood tests
- Lumbar puncture
- Toxicology screening

What Causes Seizures?

Seizures are **caused by abnormal electrical activity in the brain**. It may be the result of an infection, low blood sugar, poisoning, head injury or even a drug overdose. Any medical problem affecting the brain can also cause a seizure such as brain tumor as well as a lack of oxygen to the brain.

Help for Seizures

Most simple [partial seizures](#) do not require an emergency response, but [complex partial response seizures](#) are treated with prescription medication to control symptoms. Medications such as anti-epileptic drugs or anticonvulsants are administered to minimize the onset and severity of seizures.

Although these drugs are effective and treat symptoms of the seizures, they often bring about some harsh side effects such as dizziness, **trembling and stuttering, changes in behavior**, confusion and depression, loss of appetite and weight changes. Sometimes skin reactions, digestion problems and even hair loss may occur as result of side effects of medication.

A more gentle **treatment option for the [prevention of seizures](#)** is the use of herbal and homeopathic remedies. This natural approach contains a combination of herbal ingredients that are safe and highly effective without the unwanted side effects of anti-epileptic drugs. Two well known herbs such as Passiflora (Passionflower) and Scutellaria laterifolia (Skullcap) have wonderful calmatie properties and can help reduce a seizure occurring. In addition, homeopathic ingredients such as Cuprum metallicum (30C) and Cicuta virosa (30C) can help to control seizures as well as relieve symptoms of drowsiness, vomiting and breathing

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Michele Carelse, Clinical Psychologist



All of our natural remedies are formulated by our expert team of herbalists, naturopaths and homeopaths, and headed by Michele Carelse.

Michele has had years of experience in the manufacturing and use of natural remedies. In addition, she is a trained Clinical Psychologist and has been incorporating natural remedies into her treatment of patients with depression, anxiety, ADD, ADHD and stress for many years with spectacular results.

difficulties.

Tips to Address a Person Having a Seizure

When a person has a seizure, he or she should be placed on the ground away from any sharp or dangerous objects that may be lying around. Do not try to restrain the person or put anything between their teeth. After the seizure has ended, roll the person onto his or her side – this is called the recovery position. First aid for a seizure generally depends on the type of seizure that occurs.

If a seizure lasts longer than five minutes, call for medical assistance immediately.

The Natural Approach

While Western medicine has become the norm in many cultures, it is not the only treatment option. Conventional western medicine, often called allopathic medicine, is the system of medicine taught at most medical schools and most pharmaceutical and synthetic medicines are manufactured and marketed according to the principles of allopathic medicine. Allopathic medicine is also sometimes called orthodox medicine.

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that, only a few decades ago, homeopathic, herbal and other natural medicines were commonly available – and freely used even by conventional doctors. While there are often heated debates about which system of medicine is ‘better’ than the other, many responsible doctors (whether they are allopathic or not) recognize that both have a role to play in the treatment program.

Natural medicine has often been frowned on by conventional doctors, especially by those who did not have sufficient knowledge of these medicines. However, it is encouraging to note that some medical schools are now beginning to re-introduce it into their course work, thereby providing doctors with a wider range of treatment options from which to choose. In many countries, especially in Europe, India and China, natural and homeopathic medicines are commonly prescribed by conventional doctors and represent a significant part of the total annual drug sales.

Naturopathy is a branch of medicine (just as allopathy is a branch of medicine) which operates according to the underlying philosophy that the body has an innate capacity to heal itself. While natural medicines are often called ‘alternative’ or ‘complimentary’ medicines, they are, in fact, a unique and independent form of medicine in their own right, well able to treat a variety of conditions. Perhaps the term ‘holistic’ medicine is more apt, given the broad range of treatment options and approaches which are to be found within the practice of natural medicine, which encompasses many different disciplines, including herbalism, homeopathy, iridology, osteopathy, chiropractic, therapeutic massage techniques, aromatherapy, acupuncture and many, many more.

Most naturopaths will use a variety of treatment modalities in order to treat their patients in a holistic way to support health, relieve symptoms and prevent future disease. In fact, even the World Health Organization defines health as being "... more than simply the absence of illness. It is the active state of physical, emotional, mental and social well-being." This is a wonderfully clear description of holistic or

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natural medicine, which strives to support health (thereby relieving or preventing symptoms), rather than simply eliminating disease.

Although allopathic medicine certainly has a role to play and has made a tremendous contribution to medical science during the past century, there is a growing perception that it is not the only answer and that, in many cases, holistic medicine can accomplish just as much, if not more – without the risk of side effects, addiction and sacrifice to health so commonly associated with pharmaceutical drugs. Contrary to common perception, and provided that they are manufactured in the correct way, natural medicines can work quickly and safely to promote healing.

In many cases, they can succeed where pharmaceutical drugs have failed. Despite frequent reports that they are ‘unproven’ and ‘untested’, the opposite is true. Natural medicines have a long history of usage and there is a wealth of empirical evidence to support their effectiveness and safety. In addition, active clinical research is carried out by many academic hospitals and universities to support the extensive traditional and empirical evidence behind natural medicines.

It is also important to know that, like any medicine, herbal and homeopathic medicines must be manufactured in the correct way, following acceptable procedures and manufacturing methods to ensure maximum effectiveness and safety. Due to the recent rise in popularity of natural remedies, many companies have sprung up to take advantage of the market. Unfortunately not all of them are equipped to manufacture to the correct standards, often resulting in a flood of inferior (and sometimes even unsafe) remedies onto the market – and giving natural remedies a bad name.

Even some pharmaceutical companies have rushed to claim their market share by producing so-called ‘standardized’ extracts of herbs and offering these as superior to the tried and tested methods of naturopathic manufacturing. Nothing could be further from the truth. While ‘standardized’ extracts may offer benefit of easy consistency of dosage (and cheaper more efficient production lines), they have grave disadvantages. These include an increase in side effects as the medicines produced in this manner lose the natural protective properties of the herbs. In some cases, these side effects have proved fatal – as was seen in the liver toxicity associated with standardized extracts of kava kava, a herb previously safely used for generations without any known side effects.

Most naturopaths recommend what is called the Full Spectrum Method of extraction – which retains the benefits of ALL the active ingredients within the herb as opposed to isolating only one – thereby providing a more complete treatment as well as superior protection against side effects.

Whatever your choice, always choose wisely. Research what is best for you. If you have a chronic or life threatening condition, don’t make changes without first discussing them with your doctor in order that your condition may be monitored. Well informed and supportive practitioners will support patients who want to take responsibility for their own health.

Related Natural Remedies:

Epi-Still: Support stability, harmony, and health in the brain and nervous system



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Epi-Still contains natural ingredients chosen for their beneficial effects on the **health and functioning of the brain, neurons, and entire nervous system**.

The formula remains true to the whole spectrum method of herbal extraction, ensuring the bio-availability and balance of all the active ingredients contained in the remedy. This method of manufacture also significantly reduces the likelihood of side effects and maintains all active ingredients in perfect balance – exactly as nature intended!

[Learn more about Epi-Still](#)

TremorSoothe: Homeopathic remedy temporarily controls shakes, tremors, twitches and muscle spasms

TremorSoothe is a safe, non-addictive, natural herbal remedy containing *100% homeopathic ingredients* especially selected to temporarily control shakes, tremors, twitches and muscle spasms.

TremorSoothe should be taken at the first sign of symptoms for the **short-term improvement of muscular-skeletal and nervous system health**.

TremorSoothe is taken internally and works to support the neurological messages sent to various parts of the body including the hands, feet, arms, legs, torso, and face. Presented in small dissolvable tablets, **TremorSoothe** is easy to ingest and hassle-free with **no artificial colors or preservatives**.

All Native Remedies homeopathic products and biochemic tissue salts are manufactured in an FDA and GMP registered pharmaceutical facility under the supervision of qualified homeopaths and responsible pharmacists. Individual ingredients are listed in the Homeopathic Pharmacopoeia of the United States (HPUS).

[Learn more about TremorSoothe](#)

Read the testimonials for these quality products [here!](#)

Six Good Reasons to choose Native Remedies as your trusted suppliers of herbal & homeopathic remedies:

1) All Native Remedies products are manufactured according to the highest pharmaceutical standards - using only the best quality raw ingredients from nature's medicine chest.

2) Native Remedies and our suppliers are registered with the FDA as accredited suppliers and manufacturers of health supplements. Our products are sold all over the world and are manufactured to strict international standards in a GMP accredited manufacturing plant.

3) All our remedies are manufactured in an FDA registered pharmaceutical facility under close supervision.

This includes formulation, acquiring and testing of raw ingredients as well as final manufacturing. This gives us the confidence to say that when you are buying a Native Remedies product, you are buying the safest and the best! We know what goes into our remedies - which is why we know what you will get out of them!

4) Manufacturing is done strictly according to the principles of GMP (Good Manufacturing Practice) and all raw ingredients undergo stringent testing before being approved by our registered manufacturing pharmacists.

5) We offer a free email [Ask Our Experts](#) service run by trained consultants ready to advise you on the best choice for your health.

6) We offer an unconditional [One Year Money Back Guarantee](#).



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