



Natural Help for...

Pet Sinus Infection



What is a Sinus Infection?

An animal's sinuses are the air chambers in the bone behind the area above the eyes and behind the cheeks. A [sinus infection](#) occurs when the lining of the **sinus passages in the nasal cavity become inflamed**. This can be caused by inhaled bacteria, fungi and sometimes tooth abscesses. Normally, mucous cleans the bacteria and other particles that collect in the sinuses.

With the help of **tiny hairs called cilia**, mucous is moved out of sinuses so that it can drain into the nasal passages.

What Causes Sinus Infections?

When an **animal has a cold or allergy attack**, his or her sinuses become inflamed or infected and drainage cannot occur. Pets that suffer from allergies, asthma or have a weak immune system are more prone to [sinus problems](#).

Bacterial or viral infection, allergies, changes in temperature, pollution and **chemical fumes can worsen blocked sinuses**. If left untreated, [sinusitis](#) can become serious and lead to eye infections. An animal with a [sinus infection](#) may experience pain or pressure in the forehead and around the eyes, stuffy or runny nose and even fever.

Diagnosing Sinus Infections

As a pet owner you may notice that your pet is sneezing - he or she may also have discharge from the eyes and nose. Animals **may cough or gag due to a postnasal drip**. Cats with a [sinus infection](#) may stop eating due to a decrease in their sense of smell – this is a serious consequence of [sinus infection](#), as they can quickly become dehydrated and will need prompt veterinary attention.

If your pet has not had sinus issues before, you may want to take him or her to a vet for a check-up. The [diagnosis of sinusitis](#) is **based on the animal's physical symptoms**, examination by a vet and medical history. Sometimes, x-rays may be ordered for a more accurate diagnosis.

Help for Sinus Infections

Sinus infections are **usually treated with antibiotic drugs** that are prescribed long-term in order to achieve penetration of the drug into the sinuses. Anti-inflammatory drugs are sometimes also used. Pets that are prone to recurrent sinus infections may be prescribed chronic medication for prevention.

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It is not intended to diagnose or treat any medical condition. Nothing in this ebook is intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your veterinarian or other qualified health provider with any questions you may have regarding a medical condition.

Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

Although antibiotics and anti-inflammatories may be useful in clearing the [symptoms of sinus infection](#) in pets, long-term usage is not always the best thing for your pet's overall health profile. Long-term use of **anti-inflammatories may also lead to further complications**, including stomach ulcers and other digestive problems.

Natural remedies

With regard to the animal body – a strong immune system is key. If the immune system is working at optimum level, the less likely a [sinus infection](#) is to occur. Natural and holistic treatments have been used for centuries to **reduce the symptoms of sinus infections** and boost the immune system.

Very often conventional medications have harsh side effects and using more natural alternatives like herbal and homeopathic remedies are much safer and gentler for animals. Nat. Mur and Kali. bich are a biochemic tissue salts that serve to help maintain the body's water balance and **address mucous levels and congestion**.

Herbal ingredients such as Pulsatilla and Glycyrrhiza glabra (Licorice) can help to **reduce inflammation** by stimulating the anti-inflammatory hormone, cortisol, while at the same time supporting the immune system.

There are a number of things that you can do to minimize episodes of sinus infection for your pet and they include:

- Feed your pet a healthy, well balanced diet that contains plenty of vegetables to boost the immune system
- Try to increase the moisture and humidity in the air. This will help to promote drainage of the nasal passages. Try coaxing your pet into the bathroom while you take a hot shower (keeping doors and windows closed so it steams up).
- Keep your pet's nose clean. Use a warm soft washcloth to GENTLY wipe away dried mucous crusts from the nasal area – helping them to breathe easier.
- Pamper your pet's nose. Nasal drainage can irritate your pet's sensitive nose. Try using damp cotton wool to gently clean the nose area and then dry it gently (pat using a soft cloth). You may also want to add a small amount of un-scented petroleum jelly – just make sure not to block the nostrils!
- Encourage your pet to drink lots of water which prevents congestion, drains the mucous and increases moisture in the body
- Practice good hygiene habits by washing your pets bowls thoroughly with hot water and natural soap
- Try and minimize your pet's contact with strays who may have colds or sniffles

The Natural Approach

While Western medicine has become the norm in many cultures, it is not the only treatment option. Conventional western medicine, often called allopathic medicine, is the system of medicine taught at most medical schools and most pharmaceutical and synthetic medicines are manufactured and marketed according to the principles of allopathic medicine. Allopathic medicine is also



Michele Carelse, Clinical Psychologist



All of our natural remedies are formulated by our expert team of herbalists, naturopaths and homeopaths, and headed by Michele Carelse.

Michele has had years of experience in the manufacturing and use of natural remedies for both people and pets. In addition, she is a trained Clinical Psychologist and has been incorporating natural remedies into her treatment of patients with depression, anxiety, ADD, ADHD and stress for many years with spectacular results.

sometimes called orthodox medicine.

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that, only a few decades ago, homeopathic, herbal and other natural medicines were commonly available – and freely used even by conventional doctors and veterinarians. While there are often heated debates about which system of medicine is ‘better’ than the other, many responsible doctors and vets (whether they are allopathic or not) recognize that both have a role to play in the treatment program.

Just like humans, domesticated animals like dogs and cats are affected by the health hazards of modern living. Pollution, poor nutrition, stress and unhealthy lifestyles can lead to a variety of illnesses and conditions that are very similar to those experienced by humans. In fact, many, if not most pet health concerns can be addressed by helping your pets to live a healthier lifestyle. While it has its place, conventional medicine for animals and 'modern technology' have failed our pets in many ways.

According to pet expert and author CJ Puotinen, most holistic veterinarians and animal health care professions list annual vaccinations and commercial pet foods as the major contributory cause in the rising rates of chronic illness in pets today. Similarly, Juliette de Bairacli Levy, respected author and renowned animal breeder, points out that contrary to the belief that mass vaccination and antibiotic use will contribute to a decrease in disease, the opposite has in fact proved true. Like their human counterparts, today's pets are becoming more and more vulnerable to chronic disease and ill health. This has led many veterinarians to search for alternatives and to espouse more holistic methods of keeping our pets healthy.

"In the wild, animals instinctively seek out healing herbs to help them when they are ill or undernourished. In fact, Asclepius, the ancient Greek god of medicine, respected dogs very highly for their ability to seek out and eat medicinal herbs in the wild. This ability is shared by other animals, including cats. We are coming to realize that nature often has the answers - but animals have always known this! Natural medicine can help your pet just as it can help you. While there is always a place for conventional veterinary medicine, natural medicine can compliment conventional veterinary care and in many cases do just as well. I have applied the same care and research that have gone into our Native Remedies range for adults and children to the development of pet-friendly, safe and effective natural remedies for animals. As always, all remedies are formulated to the highest therapeutic standards and manufactured under strict pharmaceutical conditions for your peace of mind and the well being of your pets. " Michele Carelse, Clinical Psychologist.

"When a veterinary surgeon practices the use of homeopathic medicine and is asked why he does so, he may give one of several answers. The simple answer would be that the results are good, an emphatic answer would be that homeopathic treatment has no unpleasant or dangerous side effects, while still achieving successful results.

The [PetAlive Homeopathic range](#) has been formulated with this knowledge and is specifically designed to treat your pet in a holistic and natural manner."

Dr. Glenn Ferguson

Ask Our Experts a Product Question

If you have a question about one of our products, its usage or dosage, ask Michele and her team of experts about about it [HERE!](#) We will do our best to get you an answer within 24 hours.

Great Health Sites

[Natural Pet Health Blog](#)

[Natural Holistic Health Blog](#)

[PetAlive Natural & Herbal Remedies for Pets](#)

[Native Remedies - Natural & Herbal Remedies](#)

[Remedies4...Free Natural Health Ebooks](#)

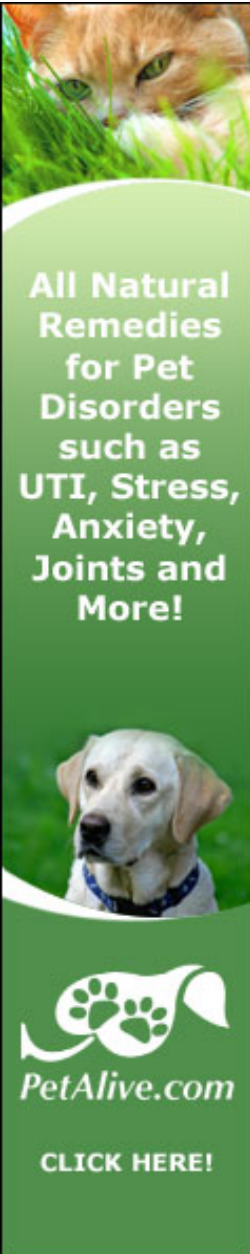
M-Tech Homeopathy, Doctor of Chinese Medicine

Related Natural Remedies:


Sinu-Rite: To maintain sinus health in dogs and cats

Sinu-Rite is a 100% natural blend of ingredients especially selected for the **support and maintenance of sinus health** in pets.

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All Natural Remedies for Pet Disorders such as UTI, Stress, Anxiety, Joints and More!



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Six Good Reasons to choose PetAlive as your trusted suppliers of herbal & homeopathic remedies:

1) All PetAlive products are manufactured according to the highest pharmaceutical standards - using only the best quality raw ingredients from nature's medicine chest.

2) PetAlive and our suppliers are registered with the FDA as accredited suppliers and manufacturers of health supplements. Our products are sold all over the world and are manufactured to strict international standards in a GMP accredited manufacturing plant.

3) All our remedies are manufactured in an FDA registered pharmaceutical facility under close supervision.

This includes formulation, acquiring and testing of raw ingredients as well as final manufacturing. This gives us the confidence to say that when you are buying a PetAlive product, you are buying the safest and the best! We know what goes into our remedies - which is why we know what you will get out of them!

4) Manufacturing is done strictly according to the principles of GMP (Good Manufacturing Practice) and all raw ingredients undergo stringent testing before being approved by our registered manufacturing pharmacists.

5) We offer a free email [Ask Our Experts](#) service run by trained consultants ready to advise you on the best choice for your pet's health.

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