

Natural Help 4...

Tardive Dyskinesia



What is Tardive Dyskinesia?

Tardive dyskinesia (TD) is a **disorder of the central nervous system** characterized by involuntary, repetitive muscle contractions. This disorder can affect any part of the body such as the limbs, neck, trunk, eyelids, facial muscles and vocal cords.

Research shows that approximately a third of all people who use antipsychotic drugs for several years are affected by tardive dyskinesia. Older people and people with mood disorders are more at risk. People who develop Parkinson's disease are particularly at risk as drugs used to treat this condition are associated with tardive dyskinesia.

Diagnosing Tardive Dyskinesia

Common features of the disorder include rapid movements of the shoulders, arms, legs and trunk, tongue protrusion, grimacing, **lip smacking, puckering and pursing**. The eyes may also blink very quickly, and fingers move involuntary – when this occurs it seems as though the person with TD is playing an invisible piano or guitar.

During the early stages of this disorder, the movements may be very subtle (licking of lips or blinking of the eyes) and often the person affected as well as the people around him or her may not notice these symptoms. These movements may become noticeable in later stages, and is physically and socially disabling.

What Causes Tardive Dyskinesia?

The primary cause of tardive dyskinesia is the long-term use of anti-psychotic drugs. These drugs are generally prescribed to **treat psychiatric disorders** such as schizophrenia, manic depression and severe depression. Sometimes these types of drugs may also be prescribed for neurological or gastrointestinal disorders.

Symptoms of tardive dyskinesia may start up again once the medicine has been discontinued. If tardive dyskinesia is managed correctly, symptoms may improve over time. Occasionally, tardive dyskinesia may occur in people who have never even been treated with anti-psychotic drugs.

Drugs commonly associated with tardive dyskinesia

- Antipsychotic drugs such as neuroleptics or tranquilizers
- Levodopa or L-dopa, which is used to treat Parkinson's disease – however,

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Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

- high doses of L-dopa may actually help control [tardive dyskinesia](#)
- Tricyclic antidepressants used to treat depression and other mood disorders
- Antiemetic medicines used to control nausea and vomiting
- Other medicines that block dopamine

Help for Tardive Dyskinesia

The main aim of treatment is to stop or minimize the use of the antipsychotic medication. However, this option is not always possible as **patients with psychiatric disorders** cannot simply stop taking their medication. Switching to a new antipsychotic medication or lowering the dosage level to reduce movements may help some patients.

New antipsychotic medicines such as clozapine do not cause [tardive dyskinesia](#), while benzodiazepines, adrenergic antagonists, and dopamine agonists may also be helpful. Vitamin E is also extremely beneficial for patients who have had tardive dyskinesia for less than five years.

Natural treatments such as herbs and tissue salts can also help to reduce the [symptoms of tardive dyskinesia](#). These treatments are safe and gentle on the body's system and can be used in conjunction with prescription medication. Use tissue salts regularly to **promote systemic balance in the brain**, spinal cord and the entire nervous system. Herbs such as Silybum marianus (Milk Thistle), Taraxacum officinale (Dandelion) and Verbena officinalis (Vervain or Wild Hyssop) are excellent for the liver health and help it resist damage from toxins and disease.

The Natural Approach

While Western medicine has become the norm in many cultures, it is not the only treatment option. Conventional western medicine, often called allopathic medicine, is the system of medicine taught at most medical schools and most pharmaceutical and synthetic medicines are manufactured and marketed according to the principles of allopathic medicine. Allopathic medicine is also sometimes called orthodox medicine.

Because most of us in the Western world have grown up in a society in which allopathic medicine is the prevailing norm, we forget that, only a few decades ago, homeopathic, herbal and other natural medicines were commonly available – and freely used even by conventional doctors. While there are often heated debates about which system of medicine is 'better' than the other, many responsible doctors (whether they are allopathic or not) recognize that both have a role to play in the treatment program.

Natural medicine has often been frowned on by conventional doctors, especially by those who did not have sufficient knowledge of these medicines. However, it is encouraging to note that some medical schools are now beginning to re-introduce it into their course work, thereby providing doctors with a wider range of treatment options from which to choose. In many countries, especially in Europe, India and China, natural and homeopathic medicines are commonly prescribed by conventional doctors and represent a significant part of the total annual drug sales.

Naturopathy is a branch of medicine (just as allopathy is a branch of medicine)

The advertisement for NativeRemedies features a green leaf logo at the top. Below it, the text reads "NativeRemedies THE NATURAL CHOICE". A green banner with white text says "LIVE A HEALTHY LIFE!". Underneath is a photograph of a smiling family consisting of a woman, a man, and two children. At the bottom, the text states "Proven, Safe, 100% Natural Herbal and Homeopathic Remedies for You and Your Family" and includes a red button with the text "CLICK HERE".

Michele Carelse, Clinical Psychologist



All of our natural remedies are formulated by our expert team of herbalists, naturopaths and homeopaths, and headed by Michele Carelse.

Michele has had years of experience in the manufacturing and use of natural remedies. In addition, she is a trained Clinical Psychologist and has been incorporating natural remedies into her treatment of patients with depression, anxiety, ADD, ADHD and stress for many years with spectacular results.

which operates according to the underlying philosophy that the body has an innate capacity to heal itself. While natural medicines are often called ‘alternative’ or ‘complimentary’ medicines, they are, in fact, a unique and independent form of medicine in their own right, well able to treat a variety of conditions. Perhaps the term ‘holistic’ medicine is more apt, given the broad range of treatment options and approaches which are to be found within the practice of natural medicine, which encompasses many different disciplines, including herbalism, homeopathy, iridology, osteopathy, chiropractic, therapeutic massage techniques, aromatherapy, acupuncture and many, many more.

Most naturopaths will use a variety of treatment modalities in order to treat their patients in a holistic way to support health, relieve symptoms and prevent future disease. In fact, even the World Health Organization defines health as being "... more than simply the absence of illness. It is the active state of physical, emotional, mental and social well-being." This is a wonderfully clear description of holistic or natural medicine, which strives to support health (thereby relieving or preventing symptoms), rather than simply eliminating disease.

Although allopathic medicine certainly has a role to play and has made a tremendous contribution to medical science during the past century, there is a growing perception that it is not the only answer and that, in many cases, holistic medicine can accomplish just as much, if not more – without the risk of side effects, addiction and sacrifice to health so commonly associated with pharmaceutical drugs. Contrary to common perception, and provided that they are manufactured in the correct way, natural medicines can work quickly and safely to promote healing.

In many cases, they can succeed where pharmaceutical drugs have failed. Despite frequent reports that they are ‘unproven’ and ‘untested’, the opposite is true. Natural medicines have a long history of usage and there is a wealth of empirical evidence to support their effectiveness and safety. In addition, active clinical research is carried out by many academic hospitals and universities to support the extensive traditional and empirical evidence behind natural medicines.

It is also important to know that, like any medicine, herbal and homeopathic medicines must be manufactured in the correct way, following acceptable procedures and manufacturing methods to ensure maximum effectiveness and safety. Due to the recent rise in popularity of natural remedies, many companies have sprung up to take advantage of the market. Unfortunately not all of them are equipped to manufacture to the correct standards, often resulting in a flood of inferior (and sometimes even unsafe) remedies onto the market – and giving natural remedies a bad name.

Even some pharmaceutical companies have rushed to claim their market share by producing so-called ‘standardized’ extracts of herbs and offering these as superior to the tried and tested methods of naturopathic manufacturing. Nothing could be further from the truth. While ‘standardized’ extracts may offer benefit of easy consistency of dosage (and cheaper more efficient production lines), they have grave disadvantages. These include an increase in side effects as the medicines produced in this manner lose the natural protective properties of the herbs. In some cases, these side effects have proved fatal – as was seen in the liver toxicity associated with standardized extracts of kava kava, a herb previously safely used for generations without any known side effects.

Most naturopaths recommend what is called the Full Spectrum Method of

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extraction – which retains the benefits of ALL the active ingredients within the herb as opposed to isolating only one – thereby providing a more complete treatment as well as superior protection against side effects.

Whatever your choice, always choose wisely. Research what is best for you. If you have a chronic or life threatening condition, don't make changes without first discussing them with your doctor in order that your condition may be monitored. Well informed and supportive practitioners will support patients who want to take responsibility for their own health.

Related Natural Remedies:

TremorSoothe: Homeopathic remedy temporarily controls shakes, tremors, twitches and muscle spasms

TremorSoothe is a safe, non-addictive, natural herbal remedy containing *100% homeopathic ingredients* especially selected to temporarily control shakes, tremors, twitches and muscle spasms.

TremorSoothe should be taken at the first sign of symptoms for the short-term **improvement of muscular-skeletal and nervous system health.**

TremorSoothe is taken internally and works to support the neurological messages sent to various parts of the body including the hands, feet, arms, legs, torso, and face. Presented in small dissolvable tablets, **TremorSoothe** is easy to ingest and hassle-free with **no artificial colors or preservatives.**

[Learn more about TremorSoothe](#)

Triple Complex Nerve Tonic: Promotes easy, comfortable and normal breathing

Triple Complex Nerve Tonic is a safe, non-addictive, natural remedy containing *100% homeopathic ingredients* especially selected to temporarily **relieve the effects of stress, worry and nervous tension.**

Triple Complex Nerve Tonic is a *combination of three biochemic cellular-supporting tissue salts* and may be taken at the first signs **frazzled nerves and imbalanced moods** for effective, temporary help.

Triple Complex Nerve Tonic is taken internally to help **reduce the symptoms of everyday stress, worries and tension** as well as to assist with any nervous system functioning and brain efficiency. Presented in small tablet form, Triple Complex Nerve Tonic is easy to ingest and hassle-free with **no artificial colors or preservatives.**

Due to its unique homeopathic formula, Triple Complex UT-Tonic is *safe for all ages, as well as during pregnancy and nursing.*

[Learn more about Triple Complex Nerve Tonic](#)

Liver Dr.: Support liver health and functioning naturally



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At Native Remedies, we recognize the vital importance of liver health – for quality of life and wellbeing, as well as for maintaining the important **liver functions of detoxification** and protection via healthy immune systems. For this reason, together with the experts, we developed Liver Dr. to address these important health needs.

Liver Dr. is a 100% herbal remedy containing herbs known for their ability to **support the functioning of the liver**, thereby improving overall systemic health.

Apart from their beneficial effect on the liver, the herbs chosen for Liver Dr. also have other important therapeutic benefits, which further contribute to a healthy body and better quality of life.

Liver Dr. comes in concentrated and easy to use tincture form and is formulated to be easily absorbed into the system.

[Learn more about Liver Dr.](#)

Read the testimonials for these quality products [here!](#)

Six Good Reasons to choose Native Remedies as your trusted suppliers of herbal & homeopathic remedies:

1) All Native Remedies products are manufactured according to the highest pharmaceutical standards - using only the best quality raw ingredients from nature's medicine chest.

2) Native Remedies and our suppliers are registered with the FDA as accredited suppliers and manufacturers of health supplements. Our products are sold all over the world and are manufactured to strict international standards in a GMP accredited manufacturing plant.

3) All our remedies are manufactured in an FDA registered pharmaceutical facility under close supervision.

This includes formulation, acquiring and testing of raw ingredients as well as final manufacturing. This gives us the confidence to say that when you are buying a Native Remedies product, you are buying the safest and the best! We know what goes into our remedies - which is why we know what you will get out of them!

4) Manufacturing is done strictly according to the principles of GMP (Good Manufacturing Practice) and all raw ingredients undergo stringent testing before being approved by our registered manufacturing pharmacists.

5) We offer a free email [Ask Our Experts](#) service run by trained consultants ready to advise you on the best choice for your health.

6) We offer an unconditional [One Year Money Back Guarantee](#).



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