

# Putting Your Pet's *Best Paw Forward*



[Sign up for our !\[\]\(666e09182d4cd268646ea700ea60dcdf\_img.jpg\)](#)  
[Email Newsletter](#)  
& [Receive a Free](#)  
[Health Ebook!](#)



[Click to join](#)

[AromatherapyOne-O-One](#)

## You Are What You Eat

No one wants their pets to get sick, especially from the food we give them in an attempt to keep them happy and healthy.



Even though the summer pet food scare was resolved by pulling more than 60 million contaminated products from the shelves, if other pet owners are anything like me they are still very concerned about the pet foods they are buying.

We know this situation also raised concerns about quality and safety of production conditions, which are still not up to par by human consumption standards. We know that pet owners still face the problems with low-quality food still being produced and sold in the marketplace. To combat the issue we all have to pay much closer attention to the foods we buy our pets.

With seemingly endless options of pet food available, selecting the best quality products may seem overwhelming. However, taking note of a few key points on the packaging and shelf can take the guesswork out of your next pet food purchase.

With seemingly endless options of pet food available, selecting the best quality products may seem overwhelming. However, taking note of a few key points on the packaging and shelf can take the guesswork out of your next pet food purchase.

We hope you enjoy this ebook, and that you find it helpful in protecting your furry family members from some of the common health issues they face.

## Is the Pet Food Scare *Really Over?*

### How Low Quality Foods can be Hurting Your Pets

A few short months ago, pet owners everywhere were afraid to feed



The content of this ebook is intended for informational purposes only.

It is not intended to diagnose or treat any medical condition. Nothing in this ebook is intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your veterinarian or other qualified health provider with any questions you may have regarding a medical condition.

Never disregard professional medical advice or delay in seeking it because of something you have read in this ebook or on ANY website.

their pets for fear of what they might be ingesting. Every time you turned on the news, there was an update on the "Pet Food Scare".



Although the situation has now subsided after **more than 60 million bags and cans of pet food were recalled**, concerns with production and safety standards were raised regarding the high levels of hazardous food that slipped through to the retail market. The situation caused pet owners to question the quality and safety of even the well-recognized brands on the market.

### Disturbing Findings on Nutritional Content

James Morris and Quentin Rogers, two Molecular Biologists at the University of California at Davis, found a **lack of information on the bioavailability of nutrients** in many of the common dietary ingredients used in pet foods. "These ingredients are generally by-products of the meat, poultry and fishing industries, with the potential for a **wide variation in nutrient composition**," the biologists stated.

Given the varying degrees of quality, it is impossible to be sure that your particular batch of food will be of the same nutritional value as another.

### Understanding Packaging Lingo

If you examine the ingredients listed on a bag of pet food, chances are you'll see the word "meat byproducts". While this may seem like a harmless term, by definition, it means that the food is of such low quality that **it is unfit by human consumption standards**.

The Animal Protection Institution explains that when an animal goes to the slaughterhouse, the **nutritious lean meat is used for human food, while remains of the carcass end up in pet food**.

"Bones, blood, intestines, lungs, ligaments, and almost all the other parts not generally consumed by humans -- are known as "by-products," "meat-and-bone-meal," or similar names on pet food labels. Many of these **remnants provide a questionable source of nourishment for our animals**."

### Common Ailments Linked to Low Quality Food

In addition to your pet not receiving adequate nutrients, they can develop serious health problems by eating food of poor quality. Common problems reported among both dogs and cats are **urinary tract infections** and urinary system problems.

These are most commonly the direct result of a poor diet, as the Animal Protection Institute reports that many pet foods have an overabundance of certain minerals that can cause stones and blockage in the urinary system.

Pets can develop **heart disease** as a result of a **deficiency in certain amino acids**. Since the protein sources for most pet food are byproducts and of such low quality, they don't provide full nutritional value.

Other conditions that have been linked to low quality food and insufficient diet are **hypothyroidism, prostate and urinary conditions, liver troubles and a wide range of digestive problems**. Some reports indicate that low quality pet food may cause trouble with managing diabetes in pets as well.

### What You Can Do



[Breath-A-Licious small](#)  
Dancing Paws Breath-A-Licious bones contain sodium tripolyphosphate to help



[Brewer's Yeast](#)  
ActiPet Brewer's Yeast Chewables, with Garlic and Flax are specially formu



[Calming Formula for Cats](#)  
Pet Naturals of Vermont Calming Formula is recommended for animals exposed



[Calming Formula for Dogs](#)  
Pet Naturals of Vermont Calming Support formula for dogs is a supplement re

While most commercial pet foods still leave something to be desired in terms of their ability to provide complete nutrition for the life of your pet, some are much better than others.

Supplementing your pet's diet to receive optimal system functioning is also key. Natural remedies can be an extremely effective way to both guard your pet against some of the negative effects of poor food as well as to keep their immune systems and natural detoxification systems working at their highest potential.

***Natural Remedies work to treat your pet's system as a whole so that it can protect and heal itself.***

[ThyroPet](#) - Treat causes and symptoms of hypothyroid conditions

[Heart and Circulation Tonic](#) - Improve circulation and promote heart and artery health

[Immunity and Liver Support](#) - Strengthen and improve immune system and liver functioning

[Digestive Support](#) - Treat digestive conditions and improve digestive functioning

[Liver Aid](#) - Stimulate and improve liver functioning and prevent disease

[ProsPet Drops](#) - Maintain prostate and urinary health

[UTI Free](#) - Treat causes and symptoms of urinary tract infections

If you are making a switch in your dog's diet, consider detoxifying his or her system if you are worried about the effects their old food may have had on them.

***Controlling your pet's diet and nutritional intake is one of the most important ways to help maintain health and happiness throughout their life***, and the Native Remedies line of natural herbal and homeopathic products can help.

[Detox Plus](#) - Cleanse the system and eliminate toxins from the body

[LiverAID](#) - Stimulate and improve liver functioning and prevent disease

*"Your DetoxPlus capsules have been marvelous for my Golden Retriever who has been looking under the weather lately due to, we believe, preferring to eat our food than hers! Your Detox Drops for people have helped me and so I thought I would try them from your Pet website. I have been very happy with the results. Now... my husband?????"* — **Freda**

*"I have a tiny Yorkie name Tiffy. At about 6 months of age, she developed a liver shunt. She has been on Liver Aid and Liver Detox products for about three weeks now, and we cannot believe the positive changes, particularly in her energy levels. I also decided to give my Maltese both of these products, and I realized that she stopped itching and licking herself all the time. I am so glad I found your products and I look forward to trying many others. I would recommend your products to anyone. I had nothing to lose, and I gained everything because our animals are everything to us. They are part of our family, and they are priceless."* — **Dena**



[Canine Complex](#)

ActiPet Canine Complex is the most complete multi vitamin and mineral formu



[Click to join](#)

[NaturalHolisticHealth](#)



Great Health Sites

[Natural Holistic Health Blog](#)

# Make No Bones About it!

## Your Pet Can Win the Fight Against Arthritis

One of the most common ailments affecting pets as they age is arthritis. Arthritis is a **degenerative condition of the joints where tissue and cartilage in the joint breaks down** or becomes damaged, causing swelling and discomfort. When this occurs, your pet's quality of life often becomes compromised, with pain causing limitations on playful activities and distress even during daily routines.



Unfortunately, **arthritis is a very common problem in purebred dogs**. Due to selective breeding, some dogs end up developing severe arthritic conditions that often require major surgery to alleviate the pain.

### Spotting Early Signs

One of the most common examples of this type of disease is **Hip Dysplasia**, which occurs in the joint socket where the leg meets the hip.

The **problem is that many dogs will not display signs** of hip dysplasia until the joint really begins to break down. However, there are some **warning signs** to be conscious of:

- Tends to sit more than stand, or is less mobile than usual
- Runs with both back legs together, instead of using the full range of motion of each leg

Pet arthritis is a very serious condition, and often can go undiagnosed for a very long time. Since it is rooted in several causes, the **best treatment for arthritis in pets is often preventative**.

### Taking a Proactive Approach

Studies have found that **one of the most effective ways to both prevent and treat** joint problems is a **diet high in Omega 3's**. These essential fatty acids work to strengthen joint tissue and provide a good foundation for the continued health of joints and bone structures in the body.

Ensuring that your pet gets the daily recommended dose of Omega 3's is as simple as **choosing a daily supplement** to add to your pet's regular diet. From strengthening joint muscles and tissues to promoting circulation, natural remedies and herbal supplements can provide much needed comfort and health benefits for your pet.

[Muscle and Joint Support](#) - Relieves stiffness in swollen joints, reduces pain, and promotes healthy muscles and bones

[Heart and Circulation Tonic](#) - Improves circulation and promotes heart and artery health

[PetHeal](#) - Relieves pain, reduces inflammation and promotes fast healing

Talk to your veterinarian about what is best for your pet's specific needs.

### Other Health Factors to Consider

[Natural Herbs & Remedies](#)

[Akobi Natural Health Database](#)

[Natural Pet Health Blog](#)

[Anxiety Depression Info](#)

[ADHD Info](#)

[Mom's Blog](#)

[Natural Men's Health](#)

[Men's Health Zone](#)

[Women's Health Nurse](#)

[Mountain Rose Herbs](#)

[BioSonics - Healing With Sound](#)

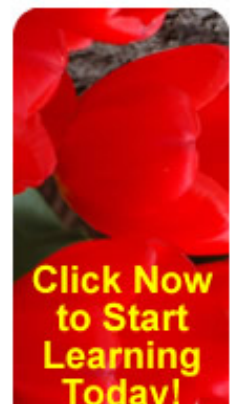
[Natural Health Ebooks](#)

[Self-Hypnosis Downloads](#)

Alternative  
Healing  
Academy



Home Study  
Certification  
Programs  
in Reflexology,  
Aromatherapy,  
Color & Crystal  
Therapy



Click Now  
to Start  
Learning  
Today!

One of the **main contributors to poor joint health in pets is excessive weight and obesity**. When your pet is overweight, more stress is placed on the joints. If arthritic conditions are already a concern, this added stress can lead to deteriorating joint health rather quickly.

## Get Your Pet Moving

Since excessive weight and arthritis problems are strong contributors to discomfort while exercising, your pet may be less inclined to obtain the daily movement vital for optimal health.

Natural remedies can help your pet get the energy it needs to exercise, balance metabolism, and encourage healthy and safe weight loss. Helping your pet maintain a healthy weight early on can prevent future problems, leading to a stronger quality of life.

[SlenderPet](#) - Encourage weight loss by elevating metabolism and aiding elimination of fat

[Energy Tonic](#) - Restore energy and vitality in pets

[Performance Plus](#) - Improve mental and physical performance while boosting energy

*"This product has done wonders for our 10-year-old Springer who was diagnosed with hip dysphasia and arthritis. She took Deramaxx for several years, but our vet informed us that it could cause damage to her internal organs, so she would need continued medical checks for the rest of her life. We weaned her off Deramaxx months ago, and now she takes Muscle & Joint Support capsules daily. She is a changed dog. She jumps, rolls, talks and is just acting so happy. Thank you so much."*

-Anonymous

# Making Sense of Pet Food Labels

## Choosing the Most Nutritional Food for Your Pet

While it is usually best to supplement your pet's diet to ensure they receive the nutritional support they need for growth and health, it is also **important that their day-to-day meals are filled with a high quality pet food**.



Although it can be difficult to decide between the many brands and types of food available at you local market or pet store, there are some **tips that can help you decipher which pet foods have the ingredients you want** and which are of lower quality.

Follow these key tips and learn how to separate the good from the bad and make more informed decisions about your pet's diet and health.

### 1. The Price Indicator.

In some cases, a higher price does not always mean the highest quality, but when it comes to pet food, it actually is a good rule of thumb. Chances are the food that is 30 \$ a bag is going to have a higher production standard and better quality ingredients



Natural Remedies

[Native Remedies](#)

[Natural Health Supplement Shop](#)

[PetAlive Herbal Remedies](#)

[Xtend-Life - Natural Health Products](#)



than the bag that's selling at 10\$.

## 2. The Right Food for the Right Pet.

Depending on your pet's age and unique health history, they are likely going to need varying amounts of fat and protein in their diet. If your pet is a growing youngster, an active breed or bigger than normal, they will need more nutrients than your average dog or cat. However, for the average adult pet, a good pet food should be between 22-25% protein and 15-19% fat. These percentages are usually listed on the back of the packaging.

## 3. The Right Ingredients.

The following is a list of ideal ingredients to look for in your pet food. Try to avoid foods that list any type of "byproducts" in their ingredients, as it is questionable whether these have the correct protein amount or nutritional value.

- Human Grade Ingredients
- Chicken, Turkey and Fish Meal
- Rice
- Potatoes
- Lamb Meal - Sunflower Oil
- Vegetables

## 4. Knowing the First Four.

A high quality, nutrition-rich pet food should not have grains listed as one of the top four ingredients on the packaging. Instead, your first four ingredients should be meats and protein sources.

In addition, companies like Iams, Hill's Science Diet, Royal Canine, Nutro and Diamond have stringent testing policies to make sure they are providing high quality ingredients.

Be sure to do your research and learn more about the producers of your pet's food and what their standards actually are. This way you can be sure your pet is eating the healthiest, most nutrition food available!



Rediscover  
Passion



Optimal  
Wellness

- ✓ Anti-aging
- ✓ Scientifically Formulated
- ✓ ALL NATURAL  
no side effects

**XTEND-LIFE**  
Natural Products

**MORE INFO**



[DGP Dog Gone  
Pain](#)

Aches and pains  
reduce your dog's



[Digestion  
Reliever](#)



[Digestive Blend](#)  
ActiPet Digestive  
Blend contains  
prebiotics to



[Digestive  
Support for Cats](#)  
An effective  
formula for cats

enjoyment of life  
and our enjoyment  
of th

For fast, safe  
relief of gas,  
cramping, pain  
and other  
abdominal  
discomfort

nourish beneficial  
bacteria,

to support proper  
digestion and  
bowel health.

## Alternative Healing Academy

Home Study Certification  
Programs in Reflexology,  
Aromatherapy, &  
Color & Crystal  
Therapy



**NativeRemedies**  
THE NATURAL CHOICE

**LIVE A HEALTHY LIFE!**



Proven, Safe,  
100% Natural Herbal and  
Homeopathic Remedies  
for You and Your Family

[CLICK HERE](#)